



FRIDAY 28TH JANUARY 2020
4:00 – 8:00PM
NEWTOWN PARK, WELLINGTON



**ENTRY
PRICES**

ADULTS
STUDENTS
CHILDREN (UNDER 12)

\$10
\$ 5
FREE





Mayor's Welcome

Kia Ora everyone and welcome to Wellington, the coolest little capital in the world. I am extremely excited about this year's Capital Classic Track and Field meeting, and especially the prospect of watching a number of high class national and international athletes competing for possible Olympic qualification.

To the athletes, I really hope you achieve your goals for the event, whatever they are. I know the preparation you have all put in is enormous, so I wish you well.

I want to thank the organisers for the huge effort they have again made behind the scenes, and the officials and volunteers for giving up their time to make such an amazing event possible.

While it's a serious event, do have some fun at the same time. Enjoy everything the city has to offer while you are here, we really do live in an amazing part of the world.

Good luck everyone.

Andy Foster
Mayor of Wellington

Absolutely Positively Wellington City Council

Me Heke Ki Pōneke

Welcome to Newtown Park on behalf of Athletics Wellington.

This is the 16th edition of the Capital Classic and once again we are very happy to hold such a prestigious event here in Wellington. We especially welcome all athletes and coaches who have travelled to Wellington this year and wish them all the best of luck tonight



As well as the main Classic program we are also excited to host a number of Olympic qualifying events that we expect will bring the out the best in some of New Zealand's premier athletes in their bid to get to Tokyo in July. We thank ANZ and Ace Sports for allowing us to host these high profile races this year.

We would like to send a special shout out to all the local officials and volunteers who have put their Friday night aside to assist with this event. Without you, events like this don't happen. A heartfelt thanks to you all

I would also like to thank Mike, Tania and their team at **Team Ledger Harcourt's** for their continued generous sponsorship and support allowing us to attract the very best athletes to our event.

Once again Tony and Acesports who have put together a fabulous event by working tirelessly with both athletes and sponsors to ensure the Capital Classic remains one of Wellington's Premier Athletes events.

We hope you have a great night and thank you for coming along to support the athletes.

On behalf of Athletics Wellington Board and Track and Field Committee

Chairman, Athletics Wellington
Hamish Girvan

Greetings and Welcome to Athletes, Officials, VIPs, Sponsors and Spectators for the 2020 TEAM LEDGER Harcourts Capital Classic Track and Field Meeting.

This year marks our 16th athletics meet since its inception in 2005 and is our most significant to date. In 2019, World Athletics recognised the Capital Classic as the highest ranking one day athletics meet in New Zealand. This year the meeting enables athletes to gain Olympic qualifying performance points for Tokyo 2020. We extend a special welcome to all athletes aiming to qualify for the Tokyo Olympics and the World Athletics Junior Championships taking place this year. Particularly Athletics Australia athletes and visiting athletes from Japan, Germany, United States Canada and France. We hope all athletes enjoy your Capital Classic experience and wish you all the best for your results in 2020 and hope to see you back here in 2021.

Events like the Capital Classic only happen with an incredible amount of goodwill from the many stakeholders and key supporters involved. We wish to acknowledge once again the tremendous support from our naming right sponsor **Mike and Tania Ledger** of "**TEAM LEDGER Harcourts**" for your continued support over the past **seven** years, as well as our associate sponsors namely the team at **Fuji Xerox** of Wakefield Street, now in their **eleventh** year of support. The **Brentwood Hotel**, **SAS Sports Apparel** and **SOS Rehydrate** again continue their support for our officials and athletes.

We appreciate the work of **Roger Robinson** and his team of announcers who keep you up to date with the action and we wish to acknowledge his recent book release of "**When Running Made History**" as well as his Scholarship offer to young athletes.

Once again Athletics is generously supported by Wellington City Council who see the value in attracting international and national events to the city, as well as supporting the community with a facility like the Newtown Athletics Stadium. Acknowledgement and thanks to **Oceania Athletics** for designating the Capital Classic event with Area Permit status and **Athletics New Zealand** for supporting the event with Livestream services through SKYSPORT NEXT free to air YouTube channel.



A special thanks to the Athletics Wellington local officials, as they always provide the high quality services that the athletes require to facilitate the events, and a sincere thanks to Vaughan Oates, Marshall Clark, Mike Ritchie and Charlie Nairne for their collaboration with ACE Sports in preparation for the evening. We look forward to seeing all of you again next year for the 2021 edition. Best wishes and Good luck for the rest of your summer

Tony Rogers – ACE Rogers Sports - Meeting Director



Acesports and Athletics Wellington Track & Field present the 2020 TEAM LEDGER Harcourts Capital Classic Track & Field Meeting



Officials List



Meeting Directors	Tony Rogers – Acesports
Meeting Manager	John McBrearty
Technical Delegate	John Phillips
Jury of Appeal	Tony Rogers, John Phillips, Charlie Nairne, Alan Stevens and Designated Referees
Arena and Safety Manager	Anne Hare
Gate Entry Manager	Peter Jack
Medical and First Aid	Tracey Baldwin (RN), Tony Snell (Physio)
PRESENTATION	
Announcers	Roger Robinson, Richard Willis, Sarah Biss,
Field Event Introductions	Richard Drabczynski & Alec McNab
Livestream Commentators	Rees Buck, Dave Moorcroft, Mark Rosanowski
Medal Ceremonies	Alan Stevens, Charlie Nairne, Tony Rogers
VIP's and Hospitality	Tracey & Tayla Baldwin
ATHLETE SERVICES	
Doping Control Station Liaison	Charlie Nairne
Athlete Shuttle Drivers	Ryan McAlister
Athlete Check In	Ace Rogers Sports Team and Sports Heritage team
Technical Manager & Gear Stewards	Brian Curry
Volunteers	NZIS Students, Wellington College and Scots College Athletes
Results Management	Mhyre Oman, Michael du Toit
TRACK	
Photo Finish team	Peter Baillie, Ed Hutchinson, John Gallagher
Track Referee	Peter Maunder
Track Umpires	Belinda Leckie (Chief), John Leonard, Tony, McKone, Marshall Clark, Bev Hodge, Lyn Clark,
Start referee	Geoff Henry
Starter	Peter Collerton, Deb Fern
Starter's Assistant	George McConachy, Alan Adamson
Wind Gauge Operator - track	as required
Manual Timekeeper	John Turner
FIELD	
Field Referee	Jim McIlroy
High Jump team:	Steve Simcox (Chief), Sheelagh Prosser, Justine Krynen, Ross Hanning, Eddie Soria
Pole Vault team:	Willy Szeto (Chief), Trevor Spittle, Sonya Reeves, Murray Gowans, Richard Swan
Long & Triple Jump team:	Adrienne Bruce (Chief), Melissa Hitchcock, Dawn Melrose, Sylvia Maunder
Shot & Javelin team:	Sally Albert (Chief), Abi Skelton, Graham Cook, Eddie Soria, Kelly Cairns
Discus & Hammer team:	Keith Bade (Chief), Chris Bade, Vaughan Oates, Emma Brooks

SINCERE THANKS TO ALL THOSE OFFICIALS WHO HAVE VOLUNTEERED THEIR TIME.

We extend an invitation to OFFICIALS to join us in the officials' lounge during and after the meet for complimentary refreshments.

**Thanks to *Patisserie Delight Café*, 188 Riddiford St Newtown
for their catering services**

Team Ledger Harcourts Capital Classic 2020

Order of Events

Changes to start times may occur at the discretion of the Meeting Director.

Events Highlighted in BLUE are Oceania and World Athletics D Permit Olympic Qualifying Events

4.00 pm	Athletics Wellington Women's Hammer Throw
4.30 pm	Wellington City Council Men's Long Jump
4.30 pm	Acesports Women's Pole Vault
4.30 pm	Team Ledger Harcourts Women's High Jump
5.00 pm	Athletics New Zealand Women's 400m Hurdles
5.00 pm	SAS sports Men's Shot Put
5.10 pm	Team Ledger Harcourts Men's 400m Hurdles
5.20 pm	Acesports Women's 800m
5.30 pm	Acesports Men's 800m Graded Divisions
5.40 pm	SAS sports Men's 100m Graded Divisions
5.45 pm	Team Ledger Harcourts Men's Discus
5.50 pm	SAS sports 100m Women
6.00 pm	Eftpos Specialists Men's 400m
6.00 pm	Fuji Xerox Men's Pole Vault
6.10 pm	NZIS Women's 400m
6.15 pm	Brentwood Hotel Women's Triple Jump
6.15 pm	Acesports Men's 1500m
6.30 pm	Brentwood Hotel Men's High Jump
6.30 pm	Athletics Wellington Men's 110m Hurdles
6.35 pm	Fuji Xerox Women's 100m Hurdles
6.45pm	NZIS Women's Javelin
6.45 pm	Athletics New Zealand Men's 4 x 100m Relay
7.00 pm	Team Ledger Harcourts Women's 200m
7.15 pm	Team Ledger Harcourts Men's 200m
7.20 pm	Roger Robinson Scholarship Women's 1500m
7.30 pm	Wairakei Resort Men's 800m Elite
7.35 pm	Athletics New Zealand 4 x 400m Relay



TEAM LEDGER

“Top Team, Exceptional Service, Outstanding Results”

Proud Sponsors of **Capital Classic Track & Field Meeting**

We are absolutely proud to be sponsoring the Capital Classic yet again in 2020.

Team Ledger are hugely committed to the Wellington community, specifically the Hutt Valley, where we are privileged to be involved in many community organisations and events.

We love our involvement in the Capital Classic and seeing New Zealand's future athlete's shine.

Best of luck to all those competing!

TEAM LEDGER

Harcourts Upper Hutt

Mike 027 358 1028 | **Scott** 027 376 6350

E teamledger@harcourts.co.nz

www.teamharcourts.co.nz

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Harcourts

Competition Rules

Important information for Competitors

The Capital Classic will be conducted under the rules of Athletics New Zealand.

All competitors must be registered with Athletics New Zealand or their National Federations and compete in their National, Club or an approved uniform.

Stadium entry: Athletes must enter the track by the door behind the stand near the finishing line end, which is 70 metres from the main gate. Entry through this door for athletes will be free, by quoting your name and event, and being checked by the registration official at athlete check in. Your competitor's accreditation and wristband is then issued as your entry pass.

**This room is the Technical Information Centre.
Pick up your numbers when you enter and confirm your event entries.**

Competition Numbers: Numbers are to be worn and must be displayed on the front of the uniform during competition. Walkers will wear numbers front and back. Pole Vault athletes, may wear them on their back.

Entry Confirmation: All athletes must confirm their entry by signature when picking up their competition numbers, at **least 90 minutes before** the scheduled start of their event for track and **60 minutes** before the scheduled start of their event for field athletes.



Only athletes who confirm their entry will be drawn in the fields for the event.

Scratching: A competitor who wishes to scratch from an event must do so in person to the Technical Information Centre as soon as possible.

Draws: Track: Lane Draws will be published after all confirmed entries are received, and posted on an information board outside the Technical Information Centre.

Jumps and Field: The competing order will be as set out by the draw sheets published 60 minutes prior to the event. If required Men's and Women's events will be conducted concurrently.

Reporting Call Times: Athletes must report to the start line or the field event position no later than **10 minutes** before **the scheduled start of the event**. Field event athletes should report early to do warm ups at event site.

Warming up: Warming up is not allowed on the main field. Warming up can be done on the top field or outside the stadium. If you warm up on the top field or outside the stadium take your wristband accreditation with you to show to the gate stewards to re-gain entry

Start Heights: The start heights for the Pole Vault and High Jump will be decided on the day after athletes have reported to the officials.

Implement Weigh In: Implements must be presented for checking and weigh in at the Gear Shed by the 100m start, no later than **2 hours before** the event is scheduled.

Post Event Procedure and Availability for Media Interview and or drug testing: Athletes must leave the competition area after their event is completed. Care should be taken not to interfere with other events which will be under way.

All Athletes are requested to remain available after their event if required by the DFNZ [Drug Testing Agency] for testing. News media and infield interviews are also likely for winners, and they are likely to be undertaken in front of the grandstand.

All Athletes should listen to the Public Address and report for medal presentations if and when requested.

Acesports and Athletics Wellington Track & Field present the 2020 TEAM LEDGER Harcourts Capital Classic Track & Field Meeting

Athletes of the Capital Classic enjoy the



Brentwood Hotel is proud to be the Preferred Accommodation Provider and Sponsor of the 2020 Team Ledger Harcourts Capital Classic. We wish all athletes well in their events and hope friends and family enjoy watching them participate and celebrating their success.

We look forward to welcoming you to the ***Brentwood Hotel*** at 16 Kemp St, Kilbirnie. Whether staying with us overnight for accommodation, dining in our Aqua Bistro or simply catching up with old friends and rivals over drinks and snacks in the Aqua Bar overlooking the pool courtyard, we know you will love our friendly atmosphere and comfortable environment.

The hosting of sporting groups is one of the Brentwood Hotel's specialties. Our spacious accommodation rooms (sleeping up to 4 people), nutritious catering options and competitively priced packages offer great value for money. The outdoor pool is heated in summer to around 26 degrees - perfect for relaxing after a day of competition.

Brentwood Hotel is located 3.6km from the Airport and close to many local sporting facilities including Newtown Park, ASB Sports Centre and Wellington Regional Aquatic Centre which suits many different sporting disciplines.

The complimentary 24-hour airport shuttle service and free onsite car/van parking offer additional convenience and cost savings. We have 9 conference rooms which can be booked for team use, meetings for up to 400 people or banquet dinners for up to 230 people.

To enquire call us free on 0508 273 689 or visit www.brentwoodhotel.co.nz



NOTES for ATHLETES

Field Events

Officials have the right of discretion to determine athletes who qualify for additional three rounds and the number of further rounds

Under 20 World Athletics Implement specifications may be used at the discretion of the field referee

Starting heights will be assessed with the athletes on reporting for Pole vault and High Jump

Track Events

For Laned events up to 400 metres the top 8 seeds will be drawn from entries to run in the elite or "A" race. The balance of entries will be seeded into Graded Divisions



The Roger Robinson Scholarship for Student Runners

This scholarship has been established by **Victoria University of Wellington** to help student runners (*any Athletics New Zealand event, 800m up*) succeed academically and as athletes while enrolled at Victoria. It celebrates the varied career of Professor Roger Robinson (announcer at today's Capital Classic). Applications are due by 31 October each year.

For details, see wgn.ac.nz/scholarships,
or contact **Scholarships Office, VUW**.

TRACK

ATHLETICS NEW ZEALAND

Women 400 Metre Hurdles

TIME 5:00 PM

MEET RECORD: 57.19 Anna Smythe, Otago

1	118 Portia Bing	North Harbour Bays
2	135 Samantha Clark	Mana Amateur Athletics

TEAM LEDGER HARCOURTS

Men 400 Metre Hurdles

TIME 5:10 PM

MEET RECORD: 50.62 Michael Cochrane, Ath Tauranga

1	137 Michael Cochrane	Tauranga Athletics
2	138 Bryce Collins	Australia
3	142 Christopher Douglas	Australia
4	157 David Hansen	Marlborough Athletics
5	202 Justin Menezes	North Harbour Bays
6	204 Oliver Miller	Pt Chevalier Athletics
7	222 Daniel Parkes	Australia

ACESPORTS

Women 800 Metre

TIME 5:20 PM

MEET RECORD 2:02.63 Katherine Camp, Cant University

1	112 Ruby Barton	Wellington Athletics
2	159 Ariana Harper	Canterbury University
3	177 Edie Kozyniak	Wellington Athletics
4	206 Mackenzie Morgan	Whanganui Athletics
5	228 Josephine Perkins	Whanganui Athletics
6	235 Maia Ramsden	Wellington Athletics
7	245 Ellen Schaef	Wellington Athletics
8	252 Krystie Solomon	Frankton Athletics
9	278 Monique Whiteman	Palmerston North Athlet
10	279 Maia Wilkinson	Wellington Athletics

ACESPORTS

Men 800 Metre

TIME - 5:30 PM

MEET RECORD 1:48.42 2017 Alex Rowe, Australia

1	114 Travis Bayler	Wanganui Athletics
2	111 Josh Barry	Nelson Athletics
3	117 Zac Bellamy	Whanganui Athletics
4	122 Dirk Botha	Palmerston Nth Athletics
5	141 Michael Dawson	Wesley Athletics
6	156 Takuto Hanamura	Japan
7	158 James Harding	Auckland City Athletics
8	169 Anthony Jackson	Lower Hutt Athletics
9	172 Max Karamanolis	Wellington Athletics
10	174 Ben Kelsey	Auckland City Athletics
11	182 George Lambert	Whanganui Athletics
12	184 Steven Langdon	North Harbour Bays
13	185 Andre Le Pine-Day	Feilding Moa Athletics
14	186 Josh Ledger	Upper Hutt Athletics
15	189 Robert Lister	Australia

16	194	Zach Manning	Hastings Athletics
17	196	Harry May	Australia
18	212	Josh Nairne	Victoria University
19	214	Robert Norman	Palmerston Nth Athletics
20	251	Mitchell Snell	Hastings Athletics
21	253	Saravee Sos	Wellington Athletics
22	256	Mikael Starzynski	Athletics Wairarapa
23	271	Benjamin Wall	Palmerston Nth Athletics
24	273	Jack Waterworth	Wellington Athletics
25	281	Nicholas Willis	Lower Hutt Athletics

SAS SPORTS

Men 100 Metre

TIME - 5:40 PM

MEET RECORD: 10.36 2016 Joseph Millar, Tauranga

1	132	Will Campbell	Taieri
2	149	Oscar Field	Nelson Athletics
3	152	Brayden Grant	Palmerston Nth Athletics
4	176	Ari Koed Chang	Wellington Athletics
5	180	Oliver Krijnen	Mana Amateur Athletics
6	183	Peter Bockarie Lamin	North Harbour Bays
7	205	Liam Montgomery	Wairarapa Track Club
8	216	Elliot Nye	Christchurch OB United
9	218	Isaac Oliver	Mana Amateur Athletics
10	219	Edward Osei-Nketia	North Harbour Bays
11	220	Dominic Overend	Waitakere City Athletics
12	225	Jake Paul	Hill City University
13	241	James Robertson	Hamilton City Hawks
14	246	Nicholas Schwartz	Nelson Athletics
15	253	Saravee Sos	Wellington Athletics
16	257	Jordan Stewart	Paraparaumu Athletics
17	264	Tommy Te Puni	North Harbour Bays
18	266	Zac Topping	Palmerston Nth Athletics
19	267	Tyrone Trego	Upper Hutt Athletics
20	277	Tiaan Whelpton	Christchurch OB United
21	282	Cody Wilson	Mana Amateur Athletics

SAS SPORTS

Women 100 Metre

TIME - 5:50 PM

MEET RECORD 11.42 Zoe Hobbs, North Harbour Bays

1	125	Tayla Brunger	Whanganui Athletics
2	127	Julia Burnham	Christchurch OB United
3	133	Aria Carroll	Whanganui Athletics
4	146	Rosie Elliott	Hill City University
5	155	Anna Gwerder	Mana Amateur Athletics
6	164	Zoe Hobbs	North Harbour Bays
7	175	Hinewai Knowles	Cambridge Athletics
8	195	Genna Maples	Whanganui Athletics
9	208	Fiona Morrison	Christchurch OB United
10	213	Amone Nel	Hastings Athletics
11	261	Lili Szabo	Upper Hutt Athletics
12	263	Zoe Taylor	Waitakere City

SAS SPORTS

Men 400 Metre

TIME - 6:00 PM

MEET RECORD 47.28 Daniel Dyet, North Harbour Bays

1	104	Nick Ash	Christchurch OB United
2	128	Ethan Butcher	Wairarapa Track and Field

3	152	Brayden Grant	Palmerston Nth Athletics
4	203	Luke Mercieca	Canterbury University
5	215	Louis Northcott	Paraparaumu Athletics
6	242	James Robertson	Auckland City Athletics
7	275	Liam Webb	Kiwi Athletics

NZIS

Women 400 Metre

TIME - 6:10 PM

MEET RECORD 54.07 Louise Jones, Pakuranga

1	105	Sophie Atkinson	Auckland City Athletics
2	118	Portia Bing	North Harbour Bays
3	119	Angeline Blackburn	Australia
4	143	Emma Douglass	Olympic Wellington
5	150	Shannon Gearey	Christchurch OB United
6	160	Jennifer Hauke	Papakura Athletics
7	165	Charlotte Holland	Auckland City Athletics
8	171	Annalies Kalma	Te Aroha Athletics
9	200	Eliza Meekings	Papanui ToCH

ACESPORTS

Men 1500 Metre

TIME - 6:15 PM

1	102	Will Anthony	Olympic Wellington
2	115	Henry Beliveau	Wellington Athletics
3	130	Sam Cadwallader	North Harbour Bays
4	147	Kane Elms	Hastings Athletics
5	191	Noah Macdermid	Palmerston Nth Athletics
6	192	Niam Macdonald	Wellington Scottish
7	201	Connor Melton	Canterbury University
8	210	Isaac Murphy	Wellington Athletics
9	230	Sam Petty	Canterbury University
10	244	Daniel Roswell	Christchurch Avon
11	259	Thomas Strawbridge	Trenthan United
12	262	Hiro Tanimoto	Wellington Scottish
13	272	Liam Wall	Palmerston Nth Athletics
14	274	Mason Waterworth	Wellington Athletics
15	283	Liam Woolford	Palmerston Nth Athletics
16	285	Liam Wright	Olympic Wellington

FUJI XEROX

Women 100 Metre Hurdles

TIME - 6:35 PM

MEET RECORD : 13.41 Rochelle Coster, Pakuranga

1	136	Elizabeth Clay	Australia
2	175	Hinewai Knowles	Cambridge Athletics
3	208	Fiona Morrison	Christchurch OB United
4	213	Amone Nel	Hastings Athletics
5	240	Amy Robertson	North Harbour Bays
6	263	Zoe Taylor	Waitakere City Athletics

TEAM LEDGER HARCOURTS

Women 200 Metre

TIME - 7:00 PM

MEET RECORD 23.52 Zoe Hobbs, North Harbour Bays

1	112	Ruby Barton	Wellington Athletics
2	119	Angeline Blackburn	Australia
3	125	Tayla Brunger	Wanganui Athletics
4	127	Julia Burnham	Christchurch OB United

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5	129	Brianna Cadwallader	North Harbour Bays
6	143	Emma Douglass	Olympic Wellington
7	146	Rosie Elliott	Hill City University
8	155	Anna Gwerder	Mana Amateur Athletics
9	164	Zoe Hobbs	North Harbour Bays
10	177	Edie Kozyniak	Wellington Athletics
11	195	Genna Maples	Wanganui Athletics
12	208	Fiona Morrison	Christchurch OB United
13	227	Anna Percy	Christchurch OB United
14	240	Amy Robertson	North Harbour Bays
15	252	Krystie Solomon	Frankton Athletics
16	279	Maia Wilkinson	Wellington Athletics

TEAM LEDGER HARCOURTS

Men 200 Metre

TIME - 7:15 PM

MEET RECORD: 20.77 Jeffery Thumath, Auck City Ath

1	104	Nick Ash	Christchurch OB UNITED
2	120	Rowan Blaikie	Kiwi Athletic
3	151	Hamish Gill	North Harbour Bays
4	152	Brayden Grant	Palmerston Nth Athletics
5	180	Oliver Krijnen	Mana Amateur Athletics
6	198	Felix McDonald	Taieri Athletics
7	203	Luke Mercieca	Canterbury University
8	205	Liam Montgomery	Wairarapa Track & Field
9	216	Elliot Nye	Christchurch OB United
10	218	Isaac Oliver	Mana Amateur Athletics
11	220	Dominic Overend	Waitakere City Athletics
12	222	Daniel Parkes	Australia
13	225	Jake Paul	Hill City University
14	239	Will Roberts	Australia
15	246	Nicholas Schwartz	Nelson Athletics
16	253	Saravee Sos	Wellington Athletics
17	257	Jordan Stewart	Paraparaumu Athletics
18	264	Tommy Te Puni	North Harbour Athletics
19	266	Zac Topping	Palmerston Nth Athletics
20	267	Tyrone Trego	Upper Hutt Athletics
21	275	Liam Webb	Kiwi Athletics
22	277	Tiaan Whelpton	Christchurch OB United
23	282	Cody Wilson	Mana Amateur Athletics

ROGER ROBINSON SCHOLARSHIP

Women 1500 Metre

TIME - 7:20 PM

MEET RECORD: 4.20.75 Angela Petty Canterbury University

1	113	Caitlin Bassett	Wellington Athletics
2	131	Katherine Camp	Canterbury University
3	134	Maiya Christini	Wellington Athletics
4	140	Saskia Cosgrove Drayton	Wellington Athletics
5	148	Brielle Erbacher	Australia
6	153	Rebekah Greene	Hill City University
7	163	Ryoko Hirano	Japan
8	170	Lucy Jacobs	North Harbour Bays
9	178	Esther Kozyniak	Wellington Athletics
10	179	Jean Kozyniak	Wellington Athletics
11	181	Maali Kyle-Ford	Wellington Athletics
12	187	Peyton Leigh	Auckland City Athletics
13	190	Kara Macdermid	Palmerston Nth Athletics
14	209	Nynke Mulholland	Canterbury University
15	229	Angela Petty	Canterbury University
16	231	Eva Pringle	Port Hills Athletics
17	234	Natasha Rae	Wellington Athletics

18	245 Ellen Schaef	Wellington Athletics
19	250 Laura Smidt	Feilding Moa Athletics
20	265 Lise Thimon	France

WAIRAKEI RESORT

Men 800 Metre ELITE

TIME - 7:30 PM

MEET RECORD 1:48.42 Alex Rowe, Australia

The fields for the Wairakei Resort Men's Elite 800m will be drawn as top seeded 800 metre athletes from 5.30pm Acesports Men's 800m field lists

FIELD

ATHLETICS WELLINGTON

Women Hammer Throw

TIME - 4:00 PM

MEET RECORD: 56.19m Lauren Bruce, South Canterbury

1	123 Nicole Bradley	North Harbour Bays
2	124 Lauren Bruce	Sth Canterbury Athletics
3	162 Elizabeth Hewitt	Mana Amateur Athletics
4	166 Alexandra Hulley	Australia
5	236 Julia Ratcliffe	Hamilton City Hawks
6	247 Dyani Shepherd-Oates	Taieri Athletics
7	276 Montaya Wharehinga	Lower Hutt Athletics
8	290 Gwen Berry	United States

WELLINGTON CITY COUNCIL

Men Long Jump

TIME - 4:30 PM

MEET RECORD: 7.52m Francois Coetzee, Auckland CA

1	103 Lewis Arthur	North Harbour Bays
2	173 Jamie Kearns	Wellington Athletics
3	176 Ari Koed Chang	Wellington Athletics
4	198 Felix McDonald	Taieri Athletics
5	286 Matthew Wyatt	North Harbour Bays
6	287 Natsuki Yamakawa	Japan

ACESPORTS

Women Pole Vault

TIME - 4:30 PM

**MEET RECORD: 4.30m 2005 Melina Hamilton NHB
4.30m 2015 Eliza McCartney NHB**

1	106 Imogen Ayris	Takapuna Athletics
2	110 Elizabeth Baral	Australia
3	199 Olivia McTaggart	North Harbour Bays
4	200 Eliza Meekings	Papanui ToCH
5	211 Isabella Murrell	North Harbour Bays

TEAM LEDGER HARCOURTS

Women High Jump

TIME - 4:45 PM

MEET RECORD: 1.84m Elizabeth Lamb, Waitakere City

1	197 Nicola McDermott	Australia
2	217 Keeley O'Hagan	Christchurch OB UNited

3	224 Eleanor Patterson	United Kingdom
4	233 Cassie Purdon	Australia
5	237 Josephine Reeves	Lower Hutt Athletics
6	249 Imogen Skelton	Wellington Athletics
7	260 Emma Sutherland	Hastings Athletics

SAS SPORTS

Men Shot Put

TIME - 5:00 PM

MEET RECORD: 15.24m Richard Thomson, Mana Amat Athletic

1	109 Ryan Ballantyne	Christchurch OB United
2	188 Jack Lewer	Palmerston Nth Athletics
3	221 Nick Palmer	Hastings Athletics
4	248 Praveen Silva	unattached
5	268 Zion Trigger-Faitele	Titahi Bay Athletics
6	288 Jordan Young	USA

TEAM LEDGER HARCOURTS

Men Discus Throw

TIME - 5:45 PM

MEET RECORD: 58.82m Shaka Sola, Central

1	100 Max Abbot	Wellington Athletics
2	116 Connor Bell	North Harbour Bays
3	139 Mitchell Cooper	Australia
4	215 Louis Northcott	Paraparaumu Athletics
5	223 Alexander Parkinson	North Harbour Bays
6	238 Jordan Roach	Utd States of America
7	248 Praveen Silva	
8	268 Zion Trigger-Faitele	Titahi Bay Athletics
9	269 Yuji Tsutsumi	Japan
10	288 Jordan Young	Utd States of America

FUJI XEROX

Men Pole Vault

TIME - 6:00 PM

MEET RECORD: 5.30m Nick Southgate, North Harbour Bays

1	126 Joshua Bull	Papanui TOC H
2	145 Ettiene Du Preez	North Harbour Bays
3	254 Nicholas Southgate	North Harbour Bays
4	258 James Steyn	North Harbour Bays

BRENTWOOD HOTEL

Women Triple Jump

TIME - 6:15 PM

MEET RECORD: 13.12m Nneka Okpala, Pakuranga

1	101 Greer Alsop	Christchurch OB United
2	144 Ariana Drabble	Whanganui Athletics
3	154 Erin Guy	Australia
4	167 Ellie Hurley-Langton	Hawera Athletics
5	193 Alana Macrow-Cain	Australia
6	207 Mariko Morimoto	Japan

BRENTWOOD HOTEL

Men High Jump

TIME - 6:30 PM

MEET RECORD: 2.14m Brandon Starc, Australia

1	121	Nik Bojic	Australia
2	161	Zachary Hayward	Australia
3	255	Brandon Starc	Australia
4	107	Joel Baden	Australia
5	280	Jayden Williamson	North Harbour Bays
6	168	Josh Inger	North Harbour Bays

NZIS

Women Javelin Throw

TIME - 6:45 PM

MEET RECORD: 46.77m Keisha Grant, Hamilton City Hawks

1	226	Victoria (Tori) Peeters	Hamilton City Hawks
2	232	Ashley Pryke	Canada
3	243	Holly Robinson	Taieri Athletics
4	270	Orie Ushiro	Japan
5	284	Stephanie Wrathall	North Harbour Bays



World Athletics Rankings SYSTEMS Overview

Rankings are an individual athlete ranking system for the sport of athletics, managed by World Athletics. It is used to establish the number one athlete within an athletics event and to partially determine qualification into the World Athletics Championships and the athletics at the Summer Olympics. The rankings are published weekly by World Athletics.

Athletes are assigned a **"ranking score"** based on the average of their best performances within a 12-month ranking period, or 18-month period for combined events and distance events of 10,000 m or more. Each athlete performance is assigned a "performance score" which consists of a **"result score" plus a "placing score"** – the result score is based upon an athlete's best result in the final of a competition and is calculated via the World Athletics Scoring Tables (similar to the decathlon scoring method), while the placing score takes into account the athlete's final placing within that competition and the category of the competition, with more placing points being awarded in more prestigious and competitive competitions.

There is a total of ten competition categories, which affect the number of points given for a placing score. Competitions are assigned a competition category code based on the level of the competition. There are four special categories for the foremost global and continental competitions, followed by categories ranked from A to F for other competitions.

The scores assigned to an athlete based on a given performance are derived from the IAAF Scoring Tables of Athletics. Placing scores vary based on the event, the competition category, and the placing of the athlete. The performance score is the combined total of the placing score and result score of an athlete performance. An athlete's ranking score is the average of their best performance scores within the ranking period. The ranking period is 12 months for all field events and track events of 5000 m or less, and is 18 months for 10,000 m, road running, racewalking and combined events. The number of best performances considered for the ranking score varies by event, with five performances considered field events and track events of 1500 metres or less, three performances for the 3000 metres steeplechase, 5000 metres, 20 kilometres race walk and road running (half marathon or 10K run) rankings, and two performances for the 10,000m, decathlon, heptathlon, marathon and 50 kilometres race walk. In all events, athletes will receive additional points in their ranking score if they have broken or equalled a world record in their main event or a similar event.

Placing Score Bonus Points

- awarded to athletes placed 1st to 8th at each level that are added to their event Performance Score

New Zealand Meets awarded Placing Bonus Points

- **Porritt Classic (Category D), Sir Graeme Douglas International (Category C) and**
- **Capital Classic (Category D):**

Place	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Category C Permit Meeting	60	50	45	40	35	30	27	25
Category D Permit Meeting	40	35	30	25	22	19	17	15





World Athletics Rankings Overview

World Athletics has introduced a new qualification system for the 2020 Tokyo Olympic Games (2020 OGs) based on an average performance score over a number of competitions in a specific qualification period.

A Performance Score will be allocated to athletes each time they compete at an World Athletics approved competition

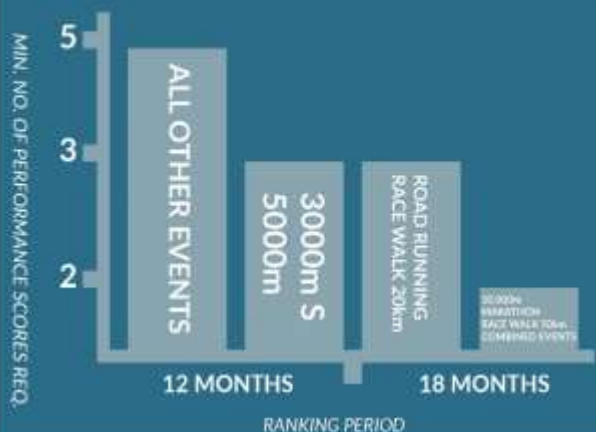
Performance Score =
Result Score* + Place Score**

*Result Score:
Points as per World Athletics table

** Place Score:
Points based on your placing

Average of "best" Performance Scores within a qualification period

Performance Score Information per Event



Average of "best" Performance Scores determines World Athletics Ranking Score

Ranking Scores will be used by World Athletics to produce an event's ranking list. This list will be integral for 2020 OGs selection purposes.



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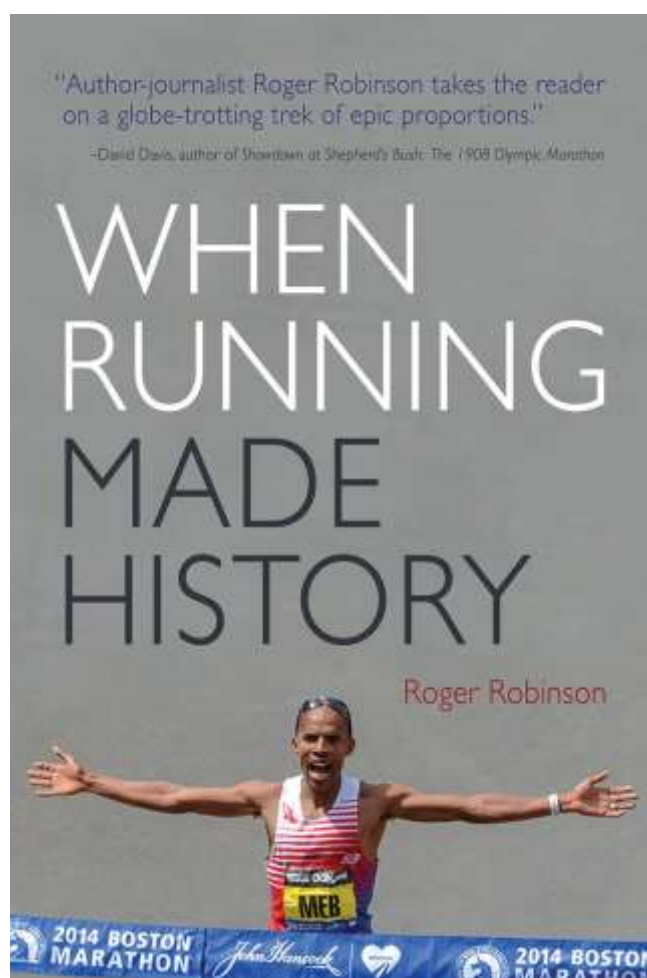
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We love our involvement in the Capital Classic and seeing New Zealand's future athlete's shine.

Best of luck to all those competing!

TEAM LEDGER

Harcourts Upper Hutt

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Capital Classic Track & Field Meeting

MEET RECORDS at 1 January 2020



OPEN MEN				
100m	10.36	Joseph Millar	Tauranga	2016
200m	20.77	Jeffery Thumath	Auckland	2008
400m	47.28	Daniel Dyet	Bays Cougars	2015
800m	1.48.42	Alex Rowe	Australia	2017
Mile	4.06.9	Rees Buck	Wellington Scottish	2005
3000m	7.53.41	Rory Hunter	Australia	2019
5000m	14.13.44	Nick Willis	Valleys	2006
110mH	14.34	James Mortimer	NH Bays	2006
400mH	50.62	Michael Cochrane	Tauranga	2013
4x100m	40.02		NZL "A"	2006
3000m T Walk	11.15.20	Quentin Rew	Wellington HAC	2015
5000m T Walk	20.34.17	Craig Barrett	HAWKS	2003
High Jump	2.14m	Brandon Starc	Australia	2011
Pole Vault	5.30m	Nick Southgate	Bays Cougars	2015
Long Jump	7.52m	Francois Coetzee	ACA	2003
Triple Jump	14.87m [2.9]	Scott Clements	WHAC	2005
Shot Put	15.24m	Richard Thomson	Mana	2007
Discus	58.82m	Shaka Sola	CENT	2005
Hammer	67.43m	Philip Jensen	NH Bays	2003
Javelin	79.49m	Stuart Farquhar	Ham. HAWKS	2008
OPEN WOMEN				
100m	11.42	Zoe Hobbs	North Harbour Bays	2019
200m	23.52	Zoe Hobbs	North Harbour Bays	2019
400m	54.07	Louise Jones	Pakuranga	2014
800m	2.02.63	Katherine Camp	Canterbury University	2019
1500m	4.20.75	Angie Petty	Uni. Canterbury	2018
3000m	9.07.85	Rosa Flanagan	Uni. Canterbury	2015
100mH	13.41	Rochelle Coster	Pakuranga AC	2015
400mH	57.19	Rebecca Wardell	Old Boys Utd	2003
4 x 100m	45.04	Somerfield, Sheat Hobbs, Hulls	NZL Under 20	2016
3000mWalk	13.41.52	Kate Newitt	Port Hills	2010
High Jump	1.84 m	Elizabeth Lamb	Waitakere	2011
Pole Vault	4.30m	Melina Hamilton	Bays Cougars	2005
		Eliza McCartney	Bays Cougars	2015
Triple Jump	13.12m	Nneka Okpala	Pakuranga AC	2015
Shot	15.26m	Maddison Wesche	Waitakere City	2017
Discus	63.30m	Beatrice Faumuina	Waitakere	2006
Hammer	56.19m	Lauren Bruce	South Canterbury	2016
Javelin	46.77m	Keisha Grant	Ham. HAWKS	2008

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