



Capital Classic 2022

Track & Field Meeting
Newtown Park Stadium
Friday 4 February @4.00pm



ENTRY LIMITED

email: info@acesports.co.nz

Grandstand: \$15.00

General Admission: \$10.00

This will be to restricted Zones

ENTRY "MY VACCINE PASS" ONLY

Face Masks will be required.



World Athletics Continental Tour Challenger Meet.

SEE New Zealand's Best athletes in action

Who will be the Record Breakers in 2022?





Mayor's Welcome

Kia ora, and a mighty welcome to all competitors both new and returning, it's great to have you taking part in the **2022 Team Ledger Harcourts Capital Classic**

To your supporters and fans, I want to spotlight your role in making the Classic a success for competitors and spectators.

Whilst 2021 was undoubtedly full of the unexpected, the discipline required to compete in events such as the Classic - has proved not only to individual competitors but also to the wider community - a great example of how to keep body and soul together. Good luck everyone.

Wellington is a city built for sport - with stadiums, parks, tracks, and beautiful harbour. It's easy to understand why sport and spectators love coming to the Capital to play.

I wish you all the best for the Classic and hope there is time in your schedule to enjoy our cafés and restaurants, as well as the Capital's biking and walking tracks, gardens, and theatres – they are all world class.

Waimarie pai - good luck everyone.

Andy Foster
Mayor of Wellington

Absolutely Positively
Wellington City Council
Me Heke Ki Pōneke

Welcome to Newtown Park on behalf of Athletics Wellington.



This is the 18th edition of the Capital Classic and once again we are very happy to hold such a prestigious event here in Wellington. We especially welcome all athletes and coaches who have travelled to Wellington this year and wish them all the best of luck tonight.

We are excited to be a host for World Athletics' Continental Tour Challenger Meet that we expect will bring the out the best in some of New Zealand's premier athletes in their bid to get to major championships. We thank ANZ and Acesports for allowing us to host this profile competition this year.

We would like to send a special shout out to all the local officials and volunteers who have put their Friday night aside to assist with this event. Without you, events like this don't happen. A heartfelt thanks to you all for tonight and the work you do throughout the season.

Special thanks to Mike, Tania, and their team at **Team Ledger Harcourt's** for their continued generous sponsorship and support of this event, allowing us to attract the very best athletes.

Once again, Acesports have put together a fabulous event by working tirelessly with both athletes and all parties to ensure the Capital Classic remains one of Wellington's Premier Athletics events.

We hope you have a great night and thank you for coming along to support the athletes.
On behalf of Athletics Wellington Board and Track and Field Committee

Chairman, Athletics Wellington
Jake Inwood

ACEsports Welcomes Athletes, Officials, VIPs, Sponsors and Spectators for the 2022 TEAM LEDGER Harcourts Capital Classic Track and Field Meeting.

This year marks our 18th meet since the Capital's inaugural meet in 2005. Again, World Athletics with support of Oceania Athletics and Athletics New Zealand recognises the Capital Classic as important event and part of the worldwide Continental Tour as a Challenger meet.

This year the meeting enables athletes to gain World Championships and Commonwealth Games qualifying performance points for a busy 2022. We extend a special welcome to all athletes aiming to qualify for such events.

Once again in 2022, our event is impacted by the world of COVID with the Omicron. This particularly effects the loss of Athletics Australia athletes and other visiting athletes that contributed so much to our 2022 spectacular event. It was rewarding to see a number of these athletes go on to perform so admirably at the Tokyo Olympics alongside our kiwis like Tom Walsh and Hamish Kerr. I hope all athletes enjoy your Capital Classic experience and wish you all the best for your results and hope to see you back here in 2023.

The continued tremendous goodwill and support for nine years from **Mike and Tania Ledger**, of our naming right sponsors "**TEAM LEDGER Harcourts**" and other key stakeholders and supporters involved make this annual event a permanent fixture on the athletics calendar.

Once again Athletics is generously supported by Wellington City Council who see the value in attracting international and national events to the city, as well as supporting the community with a facility like the Newtown Athletics Stadium

We appreciate the work of many of our officials whether local or from around NZ who work hard and make commitment to allow the athletes to perform and spectator to enjoy in the stadium or through the Livestream platform.



A special thanks to the board of Athletics Wellington for continuing to endorse this event along with committing to support staging other significant events in our region.

We make a special request that everybody follows the rules of Public Health expectations for COVID, and wish you all good health and look forward to seeing all of you again next year for the 2023 edition.
Best wishes and Good Luck for the rest of your summer

Tony Rogers – ACE Rogers Sports - Meeting Director





Officials List

Technical Delegate	John Phillips
Meeting Director	Tony Rogers
Meeting Managers	Tony Rogers, Yarride Rosario
Jury of Appeal	John Phillips, Alan Stevens, Tony Rogers, and Designated Referees
Arena Safety Manager	Charlie Nairne
Medical and First Aid	Tracey Baldwin (Reg. Nurse), Tony Snell (Physio)
Gate Entry & Security	Peter Jack, Beryl Rogers, Tommy Boyd, George Hooper and Victoria University and Kiwi Athletic clubs, Recon Security
PRESENTATION	
Announcers	Richard Willis, Sarah Biss, Joshua Sharkey, Aaron Cardie
Livestream: Production	I-Film
Commentators	Rees Buck, Mark Rosanowski, and guests
Medal Ceremonies	Alan Stevens, Tony Rogers
VIP's and Hospitality	Tracey Baldwin, Samantha Baldwin and Venera Hill
ATHLETE SERVICES	
Doping Control Liaison	Yarride Rosario
Call Room A	Geoff Shaw, Don Dalglish
Call Room B	Stacey Wilson
Athlete Check In	Ryan McAlister, Samantha Baldwin & Acesports squad
Technical Manager	Brian Curry
Equipment Manager	Mike Ritchie
Volunteers	Ruben Manz, Sue O'Hagan, Max Abbot, Wellington College Athletes
Results Management	Michael du Toit, Marshall Clark
TRACK	
Photo Finish team	Mark Harris, Peter Baillie, John Gallagher, Marshall Clark
Track Referee	Peter Maunder
Track Umpires	Brian Seymour, Geoff Henry, Stephan Whiti, Alan Stevens, David Sim, [Walks]
Start Referee	Geoff Henry
Starter	Deb Fern
Starter's Assistant	George McConachy,
FIELD	
High Jump team:	Sylvia Maunder, Eddie Soria , Melissa Hitchcock, Dawn Melrose, Nathan Cropp.
Horizontal Jumps team:	Alec McNab, Sharee Jones , Frances Bayler, Bev Hodge, Abi Skelton, Veronica Gould, Dawn Melrose
Shot Put team Women	Adrienne Bruce, Vaughan Oates , Atene Karauria, John Turner, Chris Mori, Finlay Abbot, David Sim, Geoff Iremonger, Ian Baird
Shot Put team Men;	Trevor Spittle, Sione To'ia , Bernice Dickie, Ross Hanning, Graham Cooke, Russell Sears, Richard Drabczynski, Richard Rutherford
Hammer team:	Adrienne Bruce, Vaughan Oates , Atene Karauria, John Turner, Chris Mori, Finlay Abbot, David Sim, Geoff Iremonger, Ian Baird
Javelin team:	Trevor Spittle, Sione To'ia, Bernice Dickie, Ross Hanning, Graham Cooke, Russell Sears, Richard Drabczynski, Richard Rutherford

Thanks to ***Patisserie Delight Café*** , 188 Riddiford St Newtown
for their catering services for our Officials



TEAM LEDGER

Proud sponsors of

Capital Classic Track and Field Meeting

We are absolutely proud to be sponsoring the Capital Classic yet again in 2022.

Team Ledger are hugely committed to the Wellington community, specifically the Hutt Valley, where we are privileged to be involved in many community organisations and events.

We love our involvement in the Capital Classic and seeing New Zealand's future athletes shine.

Best of luck to all those competing!

TEAM LEDGER

Harcourts Upper Hutt

Mike 027 358 1028 | **Scott** 027 376 6350

teamledger@harcourts.co.nz

teamledgernz.com



Team Ledger Harcourts Capital Classic 2022

Order of Events

Changes to start times may occur at the discretion of the Meeting Director.

Event Time	Event Designation: WA Challenger Event [Blue], Wellington Championships event ##
1.00pm	Pre-meet Women's' Hammer Throw
	Pod 1 Session Start - Call Room A - Top Field Marquee
3.00pm	SAS Sports Men's Javelin
3.30pm	Team Ledger Harcourts Women's Shot Put
4.15pm	SAS Sports Women's Javelin
3.30pm	Fujifilm Women's High Jump
3.30pm	Brentwood Hotel Men's Triple Jump
4.30pm	Patissierie Delight 3000 metres Men's & Women's Track Walk
4.45pm	Brentwood Hotel Women's Triple Jump
5.00pm	Acesports Men's 3000 metres Steeple (includes AW Champs.)
5.30pm	Fujifilm Men's High Jump
5.30pm	Team Ledger Harcourts Men's Hammer
	End of Pod Session 1
	Pod 2a Session Start - Call Room B - Athletes Lounge
5.50pm	Mediterranean Foods 4 x 100 metre Women's Relay
5.55pm	Mediterranean Foods 4 x 100 metre Men's Relay
6.00pm	SAS Sports Women's Long Jump
	End of Pod 2a Session
	Pod 3 Session Start - Call Room A - Top Field Marquee
6.15pm	Acesports Men's 800 metres Divisions Races
6.22pm	Acesports Women's 800 metres Divisions Races
6.30pm	Team Ledger Harcourts Men's Shot Put
6.30pm	Kathrine Switzer Athletics NZ Junior [U20] Mile Championships
6.37pm	Nick Willis Athletics NZ Junior [U20] Mile Championship
6.40pm	Team Ledger Harcourts Women's Hammer Throw **
	End of Pod 3 Session
	Pod 2b Session Start - Call Room B - Athletes Lounge
7.00pm	SAS Sports Men's Long Jump
7.00pm	Mediterranean Foods Women's 100m Divisions Races
7.10pm	Mediterranean Foods Men's 100m Divisions Races
7.20 pm	Fujifilm Women's 100m Hurdles
7.25pm	Fujifilm Men's 110m Hurdles
7.30pm	Team Ledger Harcourts Men 200m Divisions Races
7.40pm	Team Ledger Harcourts Women 200m Divisions Races
	End of Pod 2b Session
	Pod 4 Session Start - Call Room A - Top Field Marquee
7.50pm	Roger Robinson 1500m Women's A Race
7.56pm	Team Ledger Harcourts 1500m Men's A Race
8.05pm	Brentwood Hotel 1500m Women's B Race
8.10pm	Brentwood Hotel 1500m Men's B Race
	End of Pod 4 Session

Important information for Competitors

Meeting and Competition Rules

The Team Ledger Harcourts Capital Classic will be conducted under the rules of Athletics New Zealand and World Athletics Continental Tour Challenger Meet requirements.

For 2022 all athletes must follow the requirements of Security, Meeting Director and Meeting Officials. These directives are to ensure we all comply to the Public Health requirements under the COVID Protection Framework RED setting.

➤ **We ask you to wear a MASK at all times except in Warm up zone or the Competition Arena**

All competitors must be registered with Athletics New Zealand and compete in their National, Club or an approved uniform.

Stadium Entry: SEE MAP PROVIDED

Athletes must enter the track by the **Access Door** behind the stand near the finishing line end, which is 70 metres from the main gate. Entry through this door for athletes will require you to show your "My Vaccine Pass" [MVP] or your previously issued coloured security wristband if you have already picked up your band and bibs when showing your 'MVP' to collect these at the Meet Hotel – the **Brentwood Hotel** Lobby 6.30pm - 9.00pm on Thursday evening or Friday morning between 10.00am – 12 noon.

This room is the Technical Information Centre.
Please confirm your event entries and notify asap any scratchings.

Competition Numbers:

Numbers are to be worn and must be displayed on the front and back of your competition vest during competition. Picking up your competition bib is confirmation of your intention to run.

Scratching:

A competitor who wishes to scratch from an event must do so in person to the Technical Information Centre as soon as possible or email info@acesports.co.nz

STADIUM ENTRY and REPORT TIMES:

Due to Covid protocols we ask all athletes not to come to the stadium prior to when stated by your pod reporting time. On arrival move through check-in at TIC through access door "B" and go to the call room or warm up zone area for your pod. Please don't mingle around the stadium perimeter .

* Call room **Zone A** – is at the Marquee on top field

* Call room **Zone B** is the Zoo end of function room.

Stadium report times

- **Pre-Meet Hammer 12.00pm**
- **Pod 1 – 2.00pm**
- **Pod 2 – 4.30pm**
- **Pod 3 – 5.15pm**
- **Pod 4 – 6.30pm**

Field athletes must go to Call room up to **30 minutes** before start time then you may proceed to field site if clear of athletes once ticked off start list.

Track athletes must go to Call room up to **15 minutes** before start time then you may proceed to start zone if clear of athletes once ticked off start lists.

Draws: Track: Provisional Lane Draws on the day then confirmed at least 60 minutes prior to start.

Jumps and Throws: The competing order will be confirmed 24 hours prior to the event

Warming up: Warming up is not allowed on the main arena unless you have proceeded through the call room at the set time. Warming up can be done on the top field or outside the stadium.

If you warm up on the top field or outside the stadium, take your wristband accreditation with you to show to the gate security to re-gain entry. It is preferred to use inside the top field (No.2).

Toilets and Changing ROOMS:

- **Athletes in CALL ROOM ZONE A** - the Top Field will use toilets and changing rooms available beside the Call room

- **Athletes in CALL ROOM ZONE B** - the partitioned section of Function room will use toilets and changing rooms available beside the First Aid room – **READ signs carefully**

HIGH JUMP Start Heights: The start heights for the High Jump will be decided and posted prior to the day.

THROWS Implement Weigh In:

Implements must be presented for checking and weigh in at the Gear Shed by the 100m start zone, no later than **2 hours before** the event is scheduled.

Reminder if you wish to use your own implement then it becomes **available** in the **competitor's pool**.

NO Warmup in the throws circle until directed by **Chief Judge**

ATHLETE SUPPORT:

A Physiotherapist will be available in the Matai Room at the Brentwood from 10.00 am until 2.00 pm on Friday then at the Stadium during the meeting.

POST EVENT PROCEDURES

Athletes must leave the competition arena and then **LEAVE the Stadium** within **30 minutes** of your event completion. This will enable other athletes to enter your zone after sanitising and refreshing. Please do not mix with any spectators. Your support person should leave with you if they have no further commitments.

Availability for Media Interview

Where possible we would like to ask you to be available for Media if required with social distancing. News media and infield interviews are likely for winners, undertaken in front of the grandstand.

Medals and Awards.

Top three athletes will be awarded medal in the first division of events. These medals may be collected by the athlete from the medal tent directly after your event near the finish line.

A medal **ceremony** will take place **ONLY** for the Athletics NZ Championships Under 20 Mile races.

Prize money will be paid after the meeting to your bank account once received to infor@acesports.co.nz



Drug Testing:

Any Athletes requested by DFSNZ for testing are to remain at the stadium after their event if required

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Athletes of the Capital Classic enjoy the



Brentwood Hotel is proud to be the Preferred Accommodation Provider and Sponsor of the 2022 Team Ledger Harcourts Capital Classic. We wish all athletes well in their events and hope friends and family enjoy watching them participate and celebrating their success.

We look forward to welcoming you to the **Brentwood Hotel** at 16 Kemp St, Kilbirnie. Whether staying with us overnight for accommodation, dining in our Aqua Bistro or simply catching up with old friends and rivals over drinks and snacks in the Aqua Bar overlooking the pool courtyard, we know you will love our friendly atmosphere and comfortable environment.

The hosting of sporting groups is one of the Brentwood Hotel's specialties. Our spacious accommodation rooms (sleeping up to 4 people), nutritious catering options and competitively priced packages offer great value for money. The outdoor pool is heated in summer to around 26 degrees - perfect for relaxing after a day of competition.

Brentwood Hotel is located 3.6km from the Airport and close to many local sporting facilities including Newtown Park, ASB Sports Centre and Wellington Regional Aquatic Centre which suits many different sporting disciplines.

The complimentary 24-hour airport shuttle service and free onsite car/van parking offer additional convenience and cost savings. We have 9 conference rooms which can be booked for team use, meetings for up to 400 people or banquet dinners for up to 230 people.

To enquire call us free on 0508 273 689 or visit www.brentwoodhotel.co.nz



IMPORTANT NOTES for ATHLETES

Field Events

High Jump

The proposed progression for Highjump are;

Women: 1.57m/1.62m/1.67m/1.72m/1.76m/1.80m/1.83m/1.86m/1.88m

Men: 1.67m/1.73m/1.78m/1.83m/1.88m/1.93m/1.98m/2.03m/2.08m/2.12m/2.16m/2.20m/2.24m/2.28m/2.32m

Throws and Horizontal Jumps

The competitions structure for all field events progressions [except HJ] at the Capital Classic will be

All athletes 3 trials; then only the top 4 athletes qualify for 3 further trials.

Track Events

For Laned events up to 400 metres the top 8 seeds will be drawn from entries to run in the elite or "A" race .

The balance of entries will be seeded into Graded Divisions



The Roger Robinson Scholarship for Student Runners

This scholarship has been established by **Victoria University of Wellington** to help student runners (*any Athletics New Zealand event, 800m up*) succeed academically and as athletes while enrolled at Victoria.

It celebrates the varied career of Professor Roger Robinson, a current master's athlete still setting records and an ardent support and regular commentator at the Capital Classic.

For details, see wgn.ac.nz/scholarships,
or contact

Scholarships Office, VUW.

FIELD EVENTS

1.00pm Pre-meet Women's Hammer Throw

Top two athletes have right to throw in Women's hammer in main programme.

336	Mikayla	Sola	Lower Hutt Amateur Athletic
162	Anyia	Dunlop-Brown	Mana Amateur Athletics Club
203	Elizabeth	Hewitt	Mana Amateur Athletics Club
321	Jamane	Saimoa	Papakura Athletic and Harrier
322	Jasmine	Saimoa	Papakura Athletic and Harrier
362	Nirvana	Uta'atu	Papatoetoe Athletic Club
270	Orla	Motley	South Canterbury Athletic Club
115	Mia	Bartlett	Athletics Wairarapa

3.00pm SAS Sports Men's Javelin

MEET RECORD: 79.49M, 2008, Stuart Farquhar, Hamilton City hawks

327	Anton	Schroder	Athletics Taieri Inc
276	Jared	Neighbours	Christchurch Old Boys United
195	Luke	Hassan	Egmont Athletics
335	Kaleb	Sola	Lower Hutt Amateur Athletic
300	Ethan	Phillips	North Harbour Bays Athletics
110	Matthew	Aucamp	Pakuranga Athletic Club Inc
167	Nick	Fee	Palmerston North Athletic & HC
271	Quinn	Motley	South Canterbury Athletic Club
126	Aaron	Booth	Waitakere City Athletics
228	Nat	Kirk	NZ Sec. Schools
315	Toby	Robb	NZ Sec. Schools

3.30pm Team Ledger Harcourts Women's Shot Put

MEET RECORD: 15.26m, 2017, Maddison Wesche, Waitakere City

157	Caitlin	Dore	Christchurch Old Boys United
320	Christina	Ryan	Christchurch Old Boys United
336	Mikayla	Sola	Lower Hutt Amateur Athletic
309	Natalia	Rankin-Chi Tar	NZ Sec. Schools
197	Tapenisa	Havea	NZ Sec. Schools
272	Sionann	Murphy	NZ Sec. Schools
249	Lexi	Maples	Christchurch Old Boys United

4.15pm SAS Sports Women's Javelin

MEET RECORD: 57.38m 2020, Ashley Pryke, CANADA

318	Holly	Robinson	Athletics Taieri Inc
125	Caitlin	Bonne	Christchurch Old Boys United
320	Christina	Ryan	Christchurch Old Boys United
384	Maddie	Wilson	Christchurch Old Boys United
295	Tori	Peeters	Hamilton City Hawks Athletics
204	Hannah	Hickey	Karori Athletics Club
270	Orla	Motley	South Canterbury Athletic Club
115	Mia	Bartlett	Athletics Wairarapa
264	Abbey	Moody	NZ Sec Schools

3.30pm Fujifilm Women's High Jump

MEET RECORD: 1.99m – 2020 -Eleanor Paterson, Australia

213	Alexandra	Hyland	Auckland City Athletics Club
333	Imogen	Skelton	Auckland City Athletics Club
164	Rosie	Elliott	Christchurch Old Boys United
287	Keeley	O'Hagan	Christchurch Old Boys United

310	Josephine	Reeves	Christchurch Old Boys United
384	Maddie	Wilson	Christchurch Old Boys United
200	Jessica	Hendren	NZ Sec. Schools
352	Alice	Taylor	Palmerston North Athletic & HC
154	Amelia	de Lautour	NZ Sec. Schools
368	Naomi	Waite	Wellington Harrier Athletic Club

3.30pm **Brentwood Hotel Men's Triple Jump**

MEET BEST: 14.87m [2.9] , 2005, Scott Clements, Wellington HAC

149	Jacky	Dai	Athletics Wanganui Inc
356	Scott	Thomson	Auckland City Athletics Club
183	Ethan	Gow	NZ Sec. Schools
221	Jamie	Kearns	NZ Sec. Schools
245	Cody	MacPhail	Hawera

4.45pm **Brentwood Hotel Women's Triple Jump**

MEET RECORD: 13.12m, 2015, Nneka Okpala, Pakuranga

353	Lauryn	Terrill	Athletics Hawera Inc
355	Anna	Thomson	Mana Amateur Athletics Club
163	Elena	Edgar-Nemec	North Harbour Bays Athletics
214	Diana	Ismagilova	North Harbour Bays Athletics
212	Ellie	Hurley-Langton	Palmerston North Athletic & HC
268	Queenie	Morgan	UNA
354	Chloe	Thompson	Athletics Hawera Inc

5.30pm **Fujifilm Men's High Jump**

MEET RECORD: 2.31m – 2021 – Hamish Kerr, Christchurch Old Boys

193	Quinn	Hartley	Athletics Invercargill Club
262	Tom	Moloney	Auckland City Athletics Club
224	Hamish	Kerr	Christchurch Old Boys United
386	Marcus	Wolton	Christchurch Old Boys United
300	Ethan	Phillips	North Harbour Bays Athletics
110	Matthew	Aucamp	Pakuranga Athletic Club Inc
167	Nick	Fee	Palmerston North Athletic & HC
312	Sam	Ridsdale	Palmerston North Athletic & HC
234	Lucas	Lambert	Waitakere City Athletic Club
126	Aaron	Booth	Waitakere City Athletic Club
379	Jayden	Williamson	North Harbour Bays Athletics
145	Lebron	Cosgrave	Wellington Harrier Athletic Club
217	Hugo	Jones	Wellington Harrier Athletic Club

5.30pm **Team Ledger Harcourts Men's Hammer**

MEET RECORD: 67.43m, 2003, Philip Jensen, North Harbour Bays

117	Todd	Bates	Athletics Taieri Inc
101	Max	Abbot	Athletics Wellington
277	Hanno	Nel	Hastings Athletic Club Inc
335	Kaleb	Sola	Lower Hutt Amateur Athletic
202	Alexander	Hewitt	Mana Amateur Athletics Club
279	Liam	Ngchok-Wulf	NZ Sec. Schools
104	Damien	Anae	UNA
282	Anthony	Nobilo	North Harbour Bays Athletics

6.00pm **SAS Sports Women's Long Jump**

MEET RECORD: 6.29m ,2006 Chantal Brunner, Counties Manukau

121	Ashleigh	Bennett	Athletics Hawera Inc
353	Lauryn	Terrill	Athletics Hawera Inc
313	Mariah	Ririnui	Athletics Tauranga Inc
246	Hannah	Maloney	Christchurch Old Boys United

320	Christina	Ryan	Christchurch Old Boys United
187	Anna	Grimaldi	Hill City University Athletic
268	Queenie	Morgan	UNA
360	Courtney	Trow	UNA
349	Lili	Szabo	Wellington Harrier Athletic Club

6.30pm **Team Ledger Harcourts Men's Shot Put**

MEET RECORD: 19.85m, 2020, Ryan Ballantyne, Christchurch

101	Max	Abbot	Athletics Wellington
109	Max	Attwell	Christchurch Old Boys United
276	Jared	Neighbours	Christchurch Old Boys United
277	Hanno	Nel	Hastings Athletic Club Inc
191	Corran	Hanning (T12)	NZ Sec. Schools
279	Liam	Ngchok-Wulf	Papakura Athletic and Harrier
271	Quinn	Motley	South Canterbury Athletic Club
370	Tom	Walsh	South Canterbury Athletic Club
294	Liam	Pavier	UNA
302	Rorie	Poff	UNA
347	Nathaniel	Sulupo	UNA
328	Blessing	Sefo	Waitakere City Athletic Club

6.40pm **Team Ledger Harcourts Women's Hammer Throw**

MEET RECORD: 71.66 -2021, Lauren Bruce, South Canterbury

112	Mayce	Ballantyne	Athletics Taieri Inc
129	Nicole	Bradley	North Harbour Bays Athletics
274	Mile	Naime	Papakura Athletic and Harrier
130	Lauren	Bruce	South Canterbury Athletic Club
249	Lexi	Maples	UNA
331	Dyani	Shepherd-Oates	Athletics Taieri Inc

7.00pm **SAS Sports Men's Long Jump**

MEET RECORD: 7.52m , Francois Coetzee, Auckland City Athletics

364	Shay	Veitch	Ariki (Dunedin) Amateur Athletics
193	Quinn	Hartley	Athletics Invercargill Club
255	Felix	McDonald	Athletics Taieri Inc
292	Abhijeet	Parmar	Auckland City Athletics Club
109	Max	Attwell	Christchurch Old Boys United
325	James	Sandilands	Christchurch Old Boys United
221	Jamie	Kearns	NZ Sec. Schools
132	Jack	Bryan	Napier Athletic Club Inc
108	Lewis	Arthur	North Harbour Bays Athletics
357	Stephen	Thorpe	North Harbour Bays Athletics
297	Jordan	Peters	Palmerston North Athletic & HC
241	Angus	Lyver	NZ Sec. Schools
245	Cody	MacPhail	Hawera



TRACK EVENTS

4.30pm Patisserie Delight 3000 metres Men's & Women's Track Walk

MEET RECORDS: 11.15. 20, 2015 Quentin Rew Wellington Harrier Athletic Club
13.41.52, 2010, Kate Newitt, Port Hills Club

235	Laura	Langley	New Brighton Olympic Athletic
251	Antonia	Martin	North Harbour Bays Athletics
258	Danielle	McClean	Trentham United Harrier Club
382	Jacqueline	Wilson	Trentham United Harrier Club
290	Molly	O'Reilly	UNA
253	Kobi	Maslin	University of Canterbury
160	Sarah	Du Toit	Wellington Harrier Athletic Club
148	Jonah	Cropp	Sumner Running Club Inc
120	Ari	BENNETT	UNA
161	Daniel	Du Toit	Wellington Harrier Athletic Club
232	Sean	Lake	Wellington Scottish Athletics

5.00pm Acesports Men's 3000 metres Steeples (*includes AW Champs.*)

348	Michael	Sutton	Athletics Tauranga Inc
319	Mathew	Rogers	Hutt Valley Harrier and Amateur
189	George	Guerin	Papanui Toc H Athletic Club
363	Ieuan	van der Peet	University of Canterbury
343	Peter	Stevens	Wellington Scottish Athletics
138	Luke	Clements	Whippets Running Project

5.50pm Mediterranean Foods 4 x 100 metre Women's Relay

MEET RECORD: 45.04, 2016 New Zealand Under 20 (Somerfield, Sheat, Hobbs, Hulls)
New Zealand A
New Zealand B
NZ Under 20

5.55pm Mediterranean Foods 4 x 100 metre Men's Relay

MEET RECORD: 40.02, 2006, New Zealand A
New Zealand Select Team
New Zealand Select Under 20
Wanganui High School

6.15pm Acesports Men's 800 metres - Divisions

MEET RECORD 1:48.42 - 2017 Alex Rowe, Australia

275	Joel	Natzke	Athletics Tauranga Inc
168	Noah	Fenwick	Christchurch Avon Athletic Club
174	Dylan	Forde	Christchurch Old Boys United
257	Jackson	McKay	Hastings Athletic Club Inc
288	Callum	O'Keeffe	Hastings Athletic Club Inc
179	John	Gerber	Hill City University Athletic
340	Mikael	Starzynski	North Harbour Bays Athletics
226	Jacob	Kilmister	Paraparaumu Track and Field
286	Liam	O'Donnell	Port Hills Athletic Club Inc
173	James	Ford	NZ Sec. Schools
111	Julian	Baker	Wellington Harrier Athletic Club
118	Travis	Bayler	UNA
228	Nat	Kirk	NZ Sec. Schools
260	Kosta	Mills	UNA
266	Joseph	Morgan	NZ Sec. Schools
378	Jag	Willers	Wellington Harrier Athletic Club
153	Michael	Dawson	Whippets Running Project

6.22pm

Acesports Women's 800 metres Divisions

MEET RECORD 2:02.63 Katherine Camp, Canterbury University

205	Macey	Hilton	Auckland City Athletics Club
303	Joanna	Poland	Auckland City Athletics Club
330	Lucy	Shennan	Auckland City Athletics Club
230	Samantha	Korck	North Harbour Bays Athletics
240	Susannah	Lynch	Olympic Harrier and Athletic
144	Hayley	Cornwall	Palmerston North Athletic & HC
196	Jennifer	Hauke	Papakura Athletic and Harrier
190	Kiera	Hall	NZ Sec. Schools
210	Chloe	Hughes	Port Hills Athletic Club Inc
172	Samantha	Fookes	Queenstown Athletic
158	Emma	Douglass	UNA
199	Gabrielle	Healy	UNA
247	Holly	Manning	UNA
181	Rosaria	Gibson	University of Canterbury
361	Rosa	Twyford	University of Canterbury
222	Maddie	Kelso-Heap	Waitakere City Athletic Club
102	Amelia	Abernethy	Wellington Harrier Athletic Club
116	Ruby	Barton	Wellington Harrier Athletic Club
165	Hannah	Evet	Wellington Harrier Athletic Club
122	Liz	Bentley	Wellington Scottish Athletics

6.30pm

Kathrine Switzer Athletics NZ Junior [U20] Mile Championships

No Meet Record Established

128	Louise	Brabyn	Athletics Wanganui Inc
107	Jemima	Antoniazzi	NZ Sec Schools
314	Boh	Ritchie	NZ Sec. Schools
176	Hannah	Gapes	NZ Sec. Schools
267	Mackenzie	Morgan	Olympic Harrier and Athletic
170	Courtney	Fitzgibbon	Palmerston North Athletic & HC
152	Georgia-Rose	Dawson	Papanui Toc H Athletic Club
269	Niamh	Motley	South Canterbury Athletic Club
169	Emma	Ferguson	Hamilton City Hawks Athletics

6.37pm

Nick Willis Athletics NZ Junior [U20] Mile Championship

No Meet Record Established

Previous Title holder: Rod Dixon 4.19.8 196

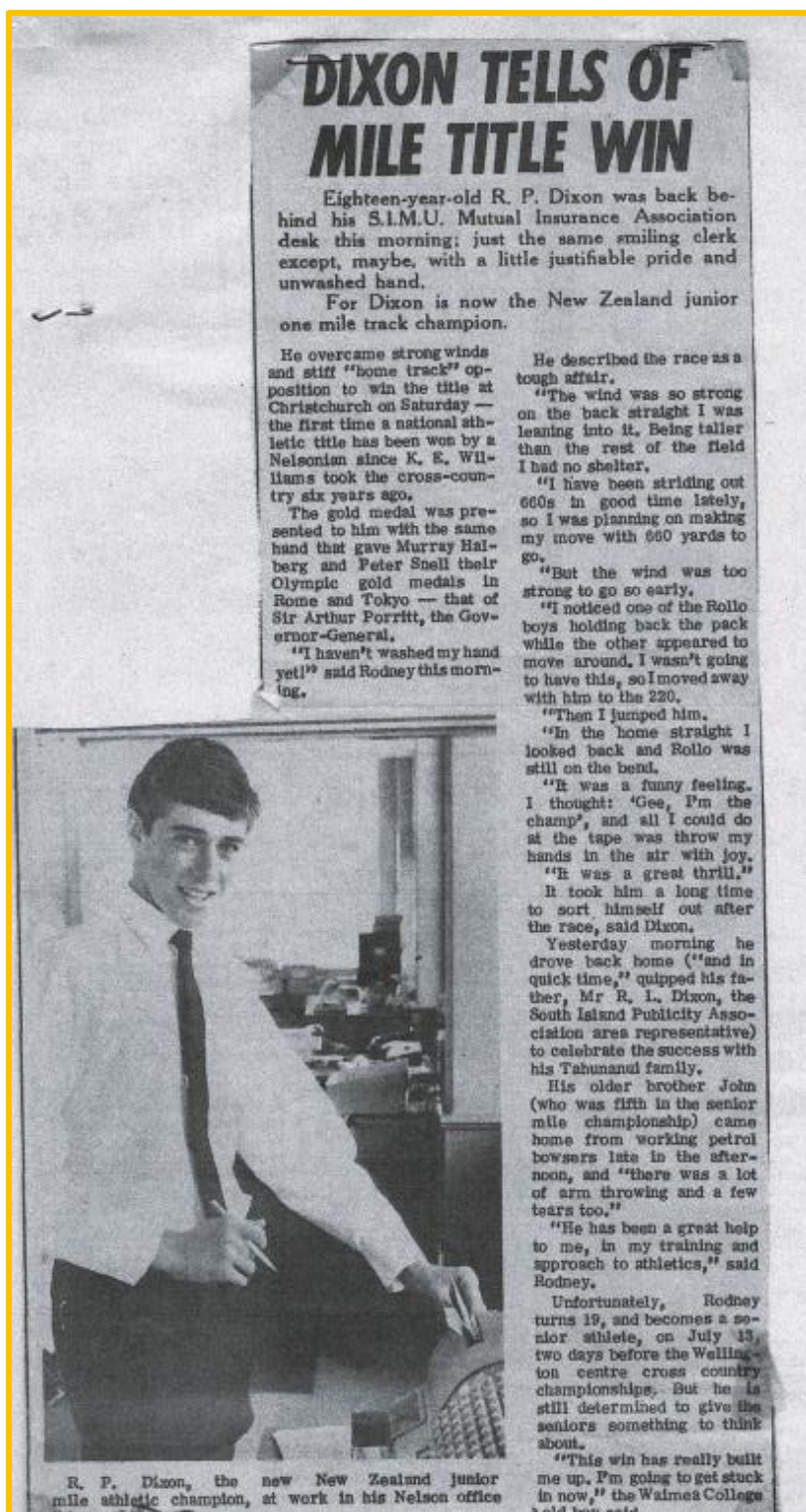
National U20 Record : 3.58.41 , 2019, Wanganui

136	Toby	Caro	Athletics Wanganui Inc
114	Tomas	Barry	Auckland City Athletics Club
113	Finn	Barker	Hastings Athletic Club Inc
293	Tayne	Patel	Hastings Athletic Club Inc
366	Karsen	Vesty	Hastings Athletic Club Inc
106	Will	Anthony	NZ Sec. Schools
140	Ronan	Codyre	Pakuranga Athletic Club Inc
358	Jahko	Tohaia	Pakuranga Athletic Club Inc
127	William	Bourne	UNA
143	James	Corbett	UNA
151	Nick	Davies	UNA
155	Christian	de Vaal	UNA
206	Luke	Hitchcock	UNA
307	Lorcan	Rabbitte	UNA
192	James	Harding	NZ Sec. Schools

Acesports welcomes Rod Dixon of Nelson, who represented the Wellington Centre in 1969 and was the last National Junior Mile champion that year.

Three years later Rod claimed a bronze Medal at the Munich Olympics in 1972.

It's great to have the Mile reinstated as a National Championships for Junior Men [Under 20] and have the very first title contested for Under 20 Women in 2022



7.00pm Mediterranean Foods Women's 100m Divisions

MEET RECORD 11.42 Zoe Hobbs, North Harbour Bays

376	Micayla	Whiti	Athletics Richmond
337	Brooke	Somerfield	Athletics Tauranga Inc
380	Bella	Willis	Athletics Wanganui Inc
123	Jordyn	Blake	Christchurch Old Boys United
246	Hannah	Maloney	Christchurch Old Boys United
296	Anna	Percy	Christchurch Old Boys United
341	Maicalia	Steinegg	Christchurch Old Boys United
194	Tamsin	Harvey	Hill City University Athletic
229	Verde	Kjestrup	Levin Amateur Athletics Club
207	Zoe	Hobbs	North Harbour Bays Athletics
301	Pippa	Plummer	NZ Sec. Schools
350	Symone	Tafunai	North Harbour Bays Athletics
375	Georgia	Whiteman	North Harbour Bays Athletics
383	Livvy	Wilson	North Harbour Bays Athletics
280	Briar	Nicholson	Olympic Harrier and Athletic
351	Lily	Tankersley	Olympic Harrier and Athletic
365	Marielle	Venida	NZ Sec. Schools
141	Addira	Collette	Palmerston North Athletic & HC
142	Chayille	Collette	Palmerston North Athletic & HC
345	Vanessa	Story	Palmerston North Athletic & HC
178	Niamh	Gedye	Paraparaumu Track and Field
367	Jessica	Vogel	South Canterbury Athletic Club
272	Sionann	Murphy	Takapuna Amateur Athletic
278	Bebe	Newman	UNA
385	Morgan	Wilson	UNA
216	Emily	Jackson	University of Canterbury
122	Liz	Bentley	Wellington Scottish Athletics

7.10pm Mediterranean Foods Men's 100m Divisions

MEET RECORD: 10.36 2016 Joseph Millar, Tauranga

364	Shay	Veitch	Ariki (Dunedin) Amateur Athletics
180	Cole	Gibbons	Athletics Taieri Inc
184	Blair	Grant	Auckland City Athletics Club
298	Asher	Pettengell-Brand	Christchurch Old Boys United
372	Tiaan	Whelpton	Christchurch Old Boys United
317	James	Robertson	Hamilton City Hawks Athletics
225	Liam	Kilby	Hastings Athletic Club Inc
332	Ryan	Shotter	Hastings Athletic Club Inc
179	John	Gerber	Hill City University Athletic
265	Hamish	Moore	NZ Sec. Schools
389	Leo	Yousuf	Kiwi Athletic Club Inc
221	Jamie	Kearns	NZ Sec. Schools
231	Oliver	Krijnen	NZ Sec. Schools
289	Isaac	Oliver	Mana Amateur Athletics Club
289	Isaac	Oliver	Mana Amateur Athletics Club
357	Stephen	Thorpe	North Harbour Bays Athletics
233	Ben	Lambert	Paraparaumu Track and Field
388	Hayato	Yoneto	Queenstown Athletic
126	Aaron	Booth	Waitakere City Athletic Club
281	Young	Nick	UNA
283	Rylan	Noome	UNA
381	Cody	Wilson	Mana Amateur Athletics Club
387	Jaxon	Woolley	UNA
291	Dominic	Overend	Waitakere City Athletic Club

7.20 pm Fujifilm Women's 100m Hurdles

MEET RECORD : 13.41 Rochelle Coster, Pakuranga

218	Maggie	Jones	NZ Sec. Schools
213	Alexandra	Hyland	Auckland City Athletics Club
133	Julia	Burnham	Christchurch Old Boys United
320	Christina	Ryan	Christchurch Old Boys United
316	Amy	Robertson	North Harbour Bays Athletics

7.25pm Fujifilm Men's 110m Hurdles

MEET RECORD : 14.34 , 2006, James Mortimer , North Harbour Bays

262	Tom	Moloney	Auckland City Athletics Club
109	Max	Attwell	Christchurch Old Boys United
124	Nick	Bolton	Christchurch Old Boys United
276	Jared	Neighbours	Christchurch Old Boys United
325	James	Sandilands	Christchurch Old Boys United
300	Ethan	Phillips	North Harbour Bays Athletics
110	Matthew	Aucamp	Pakuranga Athletic Club Inc
167	Nick	Fee	Palmerston North Athletic & HC
126	Aaron	Booth	Waitakere City Athletic Club

7.30pm Team Ledger Harcourts Men 200m Divisions

MEET RECORD: 20.77 Jeffery Thumath, Auckland City Athletics

180	Cole	Gibbons	Athletics Taieri Inc
103	Theo	Almazan	Athletics Wanganui Inc
248	Jonathan	Maples	Athletics Wanganui Inc
244	Nathan	MacDonell	Christchurch Old Boys United
298	Asher	Pettengell-Brand	Christchurch Old Boys United
372	Tiaan	Whelpton	Christchurch Old Boys United
225	Liam	Kilby	Hastings Athletic Club Inc
332	Ryan	Shotter	Hastings Athletic Club Inc
265	Hamish	Moore	NZ Sec. Schools
236	Josh	Ledger	Kiwi Athletic Club Inc
359	Tyrone	Trego	Mana Amateur Athletics Club
219	Mitch	Joynt	North Harbour Bays Athletics
326	Zachary	Saunders	Pakuranga Athletic Club Inc
233	Ben	Lambert	Paraparaumu Track and Field
284	Louis	Northcott	Paraparaumu Track and Field
388	Hayato	Yoneto	Queenstown Athletic
241	Angus	Lyver	NZ Sec. Schools
283	Rylan	Noome	UNA
381	Cody	Wilson	Mana Amateur Athletics Club
387	Jaxon	Woolley	UNA
291	Dominic	Overend	Waitakere City Athletic Club

7.40pm Team Ledger Harcourts Women 200m Divisions Races

MEET RECORD 23.52 Zoe Hobbs, North Harbour Bays

376	Micayla	Whiti	Athletics Richmond
337	Brooke	Somerfield	Athletics Tauranga Inc
380	Bella	Willis	Athletics Wanganui Inc
123	Jordyn	Blake	Christchurch Old Boys United
133	Julia	Burnham	Christchurch Old Boys United
164	Rosie	Elliott	Christchurch Old Boys United
341	Maicalia	Steinegg	Christchurch Old Boys United
194	Tamsin	Harvey	Hill City University Athletic
229	Verde	Kjestrup	Levin Amateur Athletics Club
227	Sacha	Kilmister	Mana Amateur Athletics Club
207	Zoe	Hobbs	North Harbour Bays Athletics
301	Pippa	Plummer	NZ Sec. Schools
316	Amy	Robertson	North Harbour Bays Athletics

375	Georgia	Whiteman	North Harbour Bays Athletics
280	Briar	Nicholson	Olympic Harrier and Athletic
365	Marielle	Venida	NZ Sec. Schools
141	Addira	Collette	Palmerston North Athletic & HC
142	Chayille	Collette	Palmerston North Athletic & HC
345	Vanessa	Story	Palmerston North Athletic & HC
256	Nikkita	McIntyre	Papanui Toc H Athletic Club
178	Niamh	Gedye	Paraparaumu Track and Field
367	Jessica	Vogel	South Canterbury Athletic Club
177	Shannon	Gearey	Hastings Athletic Club Inc
211	Georgia	Hulls	North Harbour Bays Athletics
261	April	Milne	UNA
342	Anna	Steven	UNA
216	Emily	Jackson	University of Canterbury

7.50pm Roger Robinson 1500m Women's A Race

MEET RECORD: 4.20.75

			Angela Petty	Canterbury University
186	Charlotte	Greenwood	Auckland City Athletics Club	
369	Stephanie	Walker	Feilding Moa Harriers	
314	Boh	Ritchie	NZ Sec. Schools	
373	Kerry	White	Hamilton City Hawks Athletics	
156	Brigid	Dennehy	North Harbour Bays Athletics	
171	Charlotte	Floodsmith-Ryan	North Harbour Bays Athletics	
188	Anneke	Grogan	North Harbour Bays Athletics	
223	Esther	Keown	North Harbour Bays Athletics	
273	Laura	Nagel	North Harbour Bays Athletics	
324	Stella	Sampson	North Harbour Bays Athletics	
240	Susannah	Lynch	Olympic Harrier and Athletic	
182	Brynne	Gordon	Port Hills Athletic Club Inc	
208	Tillie	Hollyer	South Canterbury Athletic Club	
135	Lola	Campbell	UNA	
150	Lulu	Davies	UNA	
242	Kara	Macdermid	Palmerston North Athletic & HC	
311	Maria	Revelant	UNA	
323	Penelope	Salmon	NZ Sec. Schools	
338	Eliza	Squire	Wellington Harrier Athletic Club	
339	Phoebe	Squire	Wellington Harrier Athletic Club	
134	Katherine	Camp	University of Canterbury	
105	Scarlett	Anderson	Wellington Harrier Athletic Club	
146	Saskia	Cosgrove Drayton	Wellington Harrier Athletic Club	
308	Natasha	Rae	Wellington Harrier Athletic Club	
390	Kate	Yu	Wellington Harrier Athletic Club	
329	Ayesha	Shafi	Wellington Scottish Athletics	

7.56pm Team Ledger Harcourts 1500m Men's A Race

MEET RECORD: 3.41.96, 2021 Julian Oakley, Tauranga

285	Julian	Oakley	Athletics Tauranga Inc
174	Dylan	Forde	Christchurch Old Boys United
185	Russell	Green	Hill City University Athletic
209	Josh	Hou	Hill City University Athletic
263	Jared	Monk	Hill City University Athletic
306	Jacob	Priddey	Hill City University Athletic
334	Logan	Slee	Hill City University Athletic
250	Alex	Martin	Karori Athletics Club
252	Joe	Martin	Karori Athletics Club
215	Anthony	Jackson	Lower Hutt Amateur Athletic
237	Ronan	Lee	Pakuranga Athletic Club Inc
304	Zane	Powell	NZ Sec. Schools
147	Logan	Cowie	Papanui Toc H Athletic Club

86	Liam	O'Donnell	Port Hills Athletic Club Inc
173	James	Ford	Takapuna Amateur Athletic
346	Thomas	Strawbridge	Trentham United Harrier Club
131	Ben	Brunner	Wellington Scottish Athletics
143	James	Corbett	UNA
198	Charlie	Hazlett	NZ Sec. Schools
243	Noah	Macdermid	UNA
305	Daniel	Prescott	UNA
374	Thomas	White	UNA
377	Max	Wildbore	UNA
159	Christopher	Dryden	University of Canterbury
239	William	Little	University of Canterbury
259	Connor	Melton	University of Canterbury
371	Shogo	Watanabe	University of Canterbury
119	Henry	Beliveau	Wellington Harrier Athletic Club
137	Liam	Chesney	Wellington Harrier Athletic Club
139	Daniel	Clendon	Wellington Harrier Athletic Club
166	Luca	Evet	Wellington Harrier Athletic Club
220	Max	Karamanolis	Wellington Harrier Athletic Club
238	Wilson	Li	Wellington Harrier Athletic Club
344	Callum	Stewart	Wellington Harrier Athletic Club
175	Dion	Gamperle	Wellington Scottish Athletics
201	James	Hercus	Wellington Scottish Athletics
254	Denis	McCarthy	Wellington Scottish Athletics
153	Michael	Dawson	Whippets Running Project
299	Sam	Petty	University of Canterbury

8.05pm Brentwood Hotel 1500m Women's B Race

To be seeded from the "A" race athletes

8.10pm Brentwood Hotel 1500m Men's B Race

To be seeded from the "A" race athletes

World Athletics Rankings SYSTEMS Overview

Rankings are an individual athlete ranking system for the sport of athletics, managed by World Athletics. It is used to establish the number one athlete within an athletics event and to partially determine qualification into the World Athletics Championships and the athletics at the Summer Olympics. The rankings are published weekly by World Athletics.

Athletes are assigned a "**ranking score**" based on the average of their best performances within a 12-month ranking period, or 18-month period for combined events and distance events of 10,000 m or more. Each athlete performance is assigned a "performance score" which consists of a "**result score**" plus a "**placing score**" – the result score is based upon an athlete's best result in the final of a competition and is calculated via the World Athletics Scoring Tables (similar to the decathlon scoring method), while the placing score takes into account the athlete's final placing within that competition and the category of the competition, with more placing points being awarded in more prestigious and competitive competitions.

There is a total of ten competition categories, which affect the number of points given for a placing score. Competitions are assigned a competition category code based on the level of the competition. There are four special categories for the foremost global and continental competitions, followed by categories ranked from A to F for other competitions.

The scores assigned to an athlete based on a given performance are derived from the IAAF Scoring Tables of Athletics. Placing scores vary based on the event, the competition category, and the placing of the athlete. The performance score is the combined total of the placing score and result score of an athlete performance. An athlete's ranking score is the average of their best performance scores within the ranking period. The ranking period is 12 months for all field events and track events of 5000 m or less, and is 18 months for 10,000 m, road running, racewalking and combined events. The number of best performances considered for the ranking score varies by event, with five performances considered field events and track events of 1500 metres or less, three performances for the 3000 metres steeplechase, 5000 metres, 20 kilometres race walk and road running (half marathon or 10K run) rankings, and two performances for the 10,000m, decathlon, heptathlon, marathon and 50 kilometres race walk. In all events, athletes will receive additional points in their ranking score if they have broken or equalled a world record in their main event or a similar event.

Placing Score Bonus Points

- awarded to athletes placed 1st to 8th at each level that are added to their event Performance Score

New Zealand Meets awarded Placing Bonus Points

- **Porritt Classic (Category D), Sir Graeme Douglas International (Category C) and**
- **Capital Classic (Category D):**

Place	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Category D Challenger Meeting	40	35	30	25	22	19	17	15





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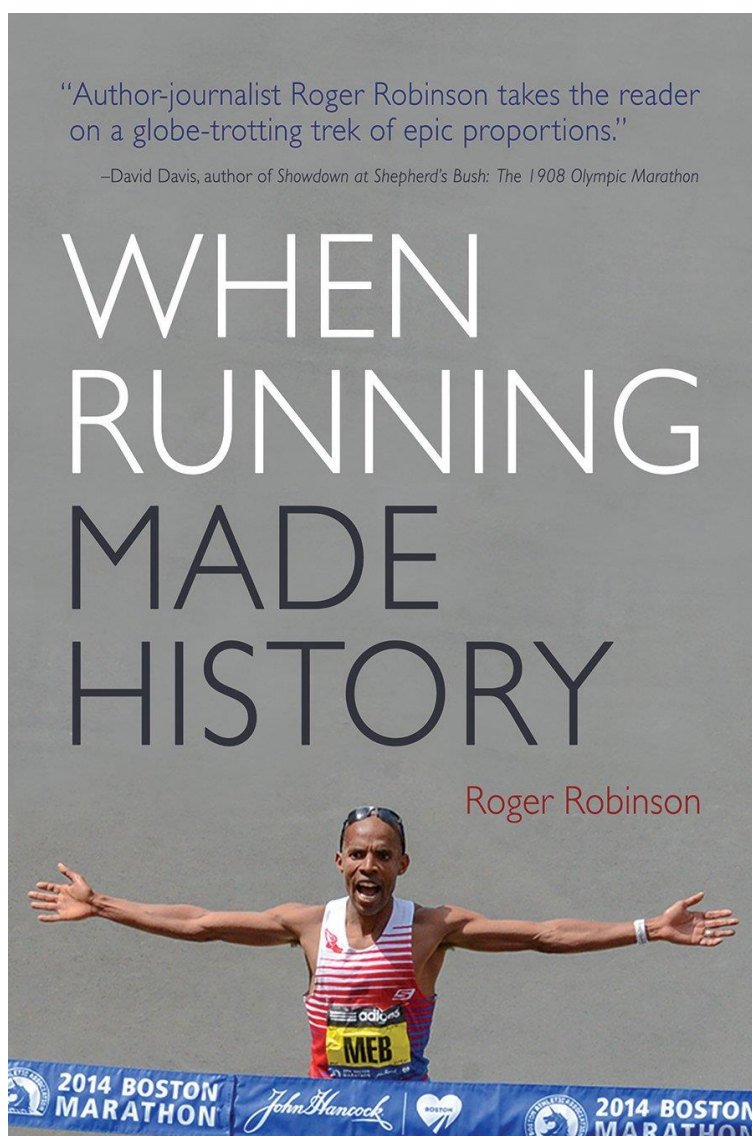
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Pete Colaizo, coach and writer, Poughkeepsie Journal, USA.

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Capital Classic Track & Field Meeting

MEET RECORDS @ 1 February 2022



Event	Performance	World Athletics Points	Athlete	Club	Year
OPEN MEN					
100m	10.36	1085	Joseph Millar	Tauranga	2016
200m	20.77	1101	Jeffery Thumath	Auckland CA	2008
400m	47.28	1026	Daniel Dyet	North Harbour Bays	2015
800m	1.48.42	1071	Alex Rowe	AUSTRALIA	2017
1500m	3.41.96	1080	Julian Oakley	Tauranga	2021
3000m	7.53.41	1095	Rory Hunter	AUSTRALIA	2019
5000m	14.13.44	955	Nick Willis	Valleys United	2006
110mH	14.34	1005	James Mortimer	North Harbour Bays	2006
400mH	50.43	1108	Christopher Douglas	AUSTRALIA	2020
4x100m	40.02	1073	NZL "A"	New Zealand	2006
3000m T W	11.15.20	1148	Quentin Rew	Wellington HAC	2015
5000m T W	20.34.17	1014	Craig Barrett	Hamilton Hawks	2003
High Jump	2.31m	1188	Hamish Kerr	Christchurch Old Boys	2021
Pole Vault	5.30m	1074	Nick Southgate	Bays Cougars	2015
Long Jump	7.52m	1033	Francois Coetzee	Auckland CA	2003
Triple Jump	14.87m [2.9]	939	Scott Clements	Wellington HAC	2005
Shot Put	19.85m	1112	Ryan Ballantyne	Christchurch	2020
Discus	65.47m	1161	Matthew Denny	AUSTRALIA	2020
Hammer	67.43m	1001	Philip Jensen	North Harbour Bays	2003
Javelin	79.49m	1094	Stuart Farquhar	Hamilton Hawks	2008
OPEN WOMEN					
100m	11.42	1109	Zoe Hobbs	North Harbour Bays	2019
200m	23.52	1082	Zoe Hobbs	North Harbour Bays	2019
400m	53.64	1063	Portia Bing	North Harbour Bays	2020
800m	2.02.63	1116	Katherine Camp	Canterbury University	2019
1500m	4.20.75	1044	Angie Petty	Uni. Canterbury	2018
3000m	9.07.85	1079	Rosa Flanagan	Uni. Canterbury	2015
100mH	13.41	1094	Rochelle Coster	Pakuranga AC	2015
400mH	56.55	1125	Portia Bing	North Harbour Bays	2020
3000m S/c	10.25.98	1033	Fiona Crombie	Canterbury University	2012
4 x 100m	45.04	1092	Somerfield, Sheat, Hobbs, Hulls	NZL Under 20	2016
3000m TW	13.41.52	969	Kate Newitt	Port Hills	2010
High Jump	1.99m	1209	Eleanor Patterson	AUSTRALIA	2020
Pole Vault	4.31m	1055	Olivia McTaggart	North Harbour Bays	2021
			Imogen Ayris	Takapuna	2021
Long Jump	6.29m	1061	Chantal Brunner	Counties Manukau	2006
Triple Jump	13.12m	1027	Nneka Okpala	Pakuranga AC	2015
Shot	15.26m	911	Maddison Wesche	Waitakere City	2017
Discus	63.30m	1132	Beatrice Faumuina	Waitakere City	2006
Hammer	71.66m	1120	Lauren Bruce	South Canterbury	2021
Javelin	57.38m	1029	Ashley Pryke	CANADA	2020



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Best of luck to all those competing!

TEAM LEDGER

Harcourts Upper Hutt

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