



MEETING & COMEPTITION RULES

Important information for Competitors

Meeting and Competition Rules

The **Team Ledger Harcourts Capital Classic** will be conducted under the rules of Athletics New Zealand and World Athletics Continental Tour Challenger Meet requirements.

All competitors must be registered with Athletics New Zealand and compete in their National, Club or an approved uniform. **Athletics New Zealand 3000 metre Championship** athletes will be expected to have their competition shoes approved in the call room prior to the Championship event to meet World Athletes requirements.

All athletes must follow the requirements of the Technical Delegate, Meeting Director, and Meeting Officials. These directives are to ensure we all comply to the Competition rules and for Health & Safety.

ATHLETE STADIUM ENTRY:

Athletes must enter the track by the **Access Door** behind the grandstand near the finishing line end, which is 70 metres from the public entry main gate. Athlete Entry ONLY through this door will require you to check in to uplift your competition Bib #. Picking up your competition bib is confirmation of your intention to compete, confirm your event entries and notify asap any scratchings when you enter the stadium. All athletes are to check in to pick up competition bib # at least **90 minutes** before the scheduled start of their event.

This room is the **Technical Information Centre** and **Results Centre**.

SCRATCHINGS

- ✓ Pre-Competition Day scratchings must be in Email to tony@acesports.co.nz by **6.00pm Thursday** with “**SCRATCHING**” in the Subject line
- ✓ On day scratching must be made **60 minutes**. Scratching Forms are available at **TIC**

COMPETITION BIB NUMBERS:

Your competition number becomes your event athlete event accreditation. Numbers are to be worn and must be displayed on the front and back of your competition vest during competition. High and Triple Jumpers may opt to wear only one BIB number. BIBs should be worn as given, no alteration will be allowed.

DRAWS and REPORT TIMES:

Track: Lane Draws will be published after all confirmed entries are received up to 60 minutes prior to event and posted to **Roster Athletics** link <https://admin.rosterathletics.com/admin/meeting/24584/>

Jumps and Throws: The competing order will be as set out by the draw sheets published 60 minutes prior to the event. If required Men's and Women's events will be conducted concurrently.

EVENT REPORT and CALL ROOM

A call room will operate just for the Men and Women 3000 metre championships and the Call Room for this event is at the Zoo End of the Function Lounge.

A Call room **will only operate for the 3000 metres NZL Championship races.**

New Zealand Championships 3000 metres Athletes to report **20 minutes** prior to Call Room

OTHER TRACK EVENTS

Athletes must report to the start line **10 minutes prior** to advertised start time.



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FIELD EVENTS

Athletes must report to the field site position no later than **30 minutes** prior the scheduled event start

Pole Vault athletes must report **60 minutes** prior to the start

Field event athletes will be given an opportunity to do specified warmups at event site.

Time permitting, they will be allowed 1 or 2 warmup throws.

For feature events we will attempt to introduce athletes to the stadium spectators before commencing

WARM UP

Warming up can be done on the top field (No. 2) arena or outside the stadium.

If you warm up on the top field or outside the stadium, take your Bib # accreditation with you to show to the gate security to re-gain entry. It is preferred to use inside the top field (No.2).

HURDLES

There will be some Hurdles on the warm field and available on the track

HIGH JUMP and POLE VAULT PROGRESSIONS

Start Heights: The start heights for the High Jump and Pole Vault will be as follows.

Women's High :

1.53m i. 1.58m, 1.63m, 1.68m, 1.72m, 1.76m, 1.80m, 1.84m, 1.87m, 1.90m, 1.92m, 1.94m

Men's High :

1.64m, 1.70m, 1.76m, 1.82m, 1.88m, 1.93m, 1.98m, 2.03m, 2.08m, 2.12m, 2.16m, 2.20m, 2.24m, 2.27m, 2.30m,...

Women's Pole:

- Start 3.00m + 20 to 3.20 then + 15 to 3.50 then +10

Men's Pole:

- Start 4.00m + 20 to 4.60m then + 15 to 5.20 then + 12

These are subject to changes agreed to by Technical Delegate.

THROWS

Personal Implements must be presented for checking and weigh in at the Gear Shed by the 100m start, no later than **2 hours before** the event is scheduled.

SEATED THROWERS

Your **throwing frames** need to be dropped to the Implement Check in for checking **2 hours prior** the start time.

WALKS

A Penalty box will be sued for athletes by the judges for this event

REMINDER: If you wish to use your own implement then it becomes **available** in the **competitor's pool**.

NO Warmup in the throws circle until directed by **Chief Judge**

Any warmup throws on the warm up area must be individually supervised

TOILETS and CHANGING ROOMS:

TOILETS are available at

- ✓ Under the Grandstand alongside the First Aid Room for Men and the TIC for Women
- ✓ On the Grandstand mezzanine floor – entrance by the small access way near VIP area
- ✓ At the back of the grandstand [Public side]
- ✓ On the Top field (no.2) Changing rooms - inside the perimeter fence and outside [Public]

CHANGING ROOMS



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Changing rooms and showers are available.

- ✓ Under the Grandstand and they will designated as Men's Change room , Women's Change room and Para Change rooms on
- ✓ the top field No.2 ground warm up area

ATHLETE SUPPORT:

A Doctor, [Dr Stevie Waerea], Physiotherapist [Tony Snell], and Registered Nurse [Tracey Baldwin] will be available at the Stadium. There will be one of the above team always located at First Aid room area in Front of the Grandstand.

On Friday before the meet the physio will be available at Brentwood Hotel from 10.30 am until 2.30 pm

POST EVENT PROCEDURES

All Track and Field Athletes must leave the competition arena asap post event and should exit near the small gate situated diagonally beyond finish line area. Podium athletes should report to the Podium area

PROMOTIONAL

Athlete Availability for Media Interview and Sponsors

Where possible we would like to ask you to be available for Media and Sponsors if required.

News media and infield interviews are likely for winners of WACT Challenger events, undertaken in front of the grandstand.

AWARDS

Medals for the top three athletes will be awarded where possible for WACT Challenger Events at the Podium. Once the World Athletics performance points rankings are established post meeting all athletes will be sent an email with an attached document for payment of Awards and any agreed Expenses. We will hope to present top 3 medals asap including for the Athletics NZ Championships 3000 metres races as soon as possible post event.

Medals for place getters in **NON - WACT** Challenger Events can be picked up from the TIC .

DRUG TESTING:

Any Athletes requested by **DFSNZ** for testing are to remain at the stadium after their event if required.

LIVERESULTS and START LISTS

These will be published the via the Roster App

DIRECT LINK to START LIST and RESULTS

2024 TEAM LEDGER HARCOURTS CAPITAL CLASSIC



**CAPITAL
CLASSIC**
2024

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