



Important information for Competitors

Meeting and Competition Rules

The **2026 Team Ledger Harcourts Capital Classic** will be conducted under the rules of Athletics New Zealand and World Athletics Permit Meet requirements.

All competitors must be registered with Athletics New Zealand or their National Federation and compete in their National, Club or an approved uniform.

Athletics New Zealand M20 and W20 Mile Championships athletes will be expected to have their competition shoes approved in the call room prior to the Championship event while others can expect to have spot check made by the officials to ensure all athletes meet World Athletes requirements. See **Call Room notes**

All athletes must follow the requirements of the Technical Delegate, Meeting Director, and Meeting Officials. These directives are to ensure we all comply to the Competition Rules for Fairplay and for Health & Safety.

STADIUM ENTRY:

Athletes - must enter the track by the **Door** behind the grandstand near the finishing line end. **Athlete's ONLY** have Entry through this door. Supporters must enter via the Main Admission Gate

Coaches - are required to use the public access gate and pay or show Athletics NZ Coach accreditation.

TECHNICAL INFORMATION CENTRE & RESULTS ROOM

This is the room by which athletes enter. After entering this area [**TIC and CHECK IN**] you will be required to check in and confirm your events and uplift your competition Bib #.

CHECK IN: All athletes must check in at least **90 minutes** before the scheduled start of their event.

SCRATCHINGS:

- ✓ Please notify the Meet Director or TIC when you enter the stadium or earlier any event you wish scratch.
- ✓ Early Scratchings must be **emailed** to tony@acesports.co.nz by **7.00pm SATURDAY 31 January** with "**SCRATCHING**" in the Subject line
- ✓ Scratching on the day must be made **90 minutes prior** if possible. Scratching Forms are available at **TIC**

COMPETITION BIB NUMBERS:

Competition bib numbers become your athlete event accreditation.

Numbers are to be worn in competition and displayed front & back of your competition vest during your event High Jump athletes may opt to wear only one BIB. BIBs should be worn as given; no alteration will be allowed.

DRAWS and REPORT TIMES:

Track: Lane Draws will be published asap after all confirmed entries are received up to **90 minutes** prior to event and posted to **Roster Athletics** link and is **LIVE** instantly if any redraws are made.

Jumps & Throws: Competition order will be as set out by the draw sheets published 90 minutes prior to event.

EVENT REPORT and CALL ROOM

A call room **may operate** for some events including the **Men 20, Women 20 Mile** championships.

The Call Room will be at the Zoo End of the Function Lounge at the 80-metre mark.

- **Call room report times will be published to Athletes on publication of the final programme**
- **Athletes must follow instruction of Call room staff and wear hip numbers as required.**

OTHER TRACK EVENTS

Athletes must report to the start line **10 minutes** prior to advertised start.

These rules are provided by Meet Director Tony Rogers of Acesports





FIELD EVENTS

Athletes must report to the field site position no later than **30 minutes** prior **the scheduled event start**.

Field event athletes will be given an opportunity to do specified warmups at event site.

Time permitting, they will be allowed 1 or 2 warmup throws/jumps.

Feature events athletes will be introduced to the stadium spectators before the start.

WARM UP

Warming up can be done on the top field (NO. 2) arena or outside the stadium.

If you warm up on the top field or outside the stadium, take your Bib # with you as accreditation to show to the gate security to re-gain entry. It is preferred to use inside the top field (No.2).

HURDLES

There will be some Hurdles on the warm field and available on the track

HIGH JUMP PROGRESSIONS

Start Heights: The start heights for the High Jump will be as follows unless the referee in consultation with the Technical Delegate see fit to change the due to event conditions.

High Jump Progression are below – these maybe revised

Men: 1.79, 1.84, 1.89, 1.94, 1.99 then 2.03, 2.07, 2.11, 2.14, 2.17 then +3.0 cm

Women: 1.54, 1.59, 1.64, 1.69, 1.73, 1.77, 1.81, 1.84, 1.87, 1.90 then + 2.0cm

LONG THROW FIELD SIZE and PROGRESSIONS

Fields for field events will have entry limits and be merit based with Long Throws in principle will be limited to a **field size of 12 athletes** and at the Meet Directors discretion local talent may be included

All throwers will receive **3 trials**, the **top 6** will then receive a further **two trials** and then only the **top 3 a final trial**.

HORIZONTAL JUMPS and SHOT-PUT PROGRESSIONS

Fields for field events will have entry limits and be merit based with Horizontal Jumps and Shot Put in principle will be limited to a **field size of 15 athletes** and at the Meet Directors discretion local talent may be included.

For these events all athletes will receive **3 trials**, the **top 8** will then receive a further **two trials** and then only the **top 3 a final trial**.

THROWS INFORMATION

PERSONAL IMPLEMENTS: These must be presented for checking and weigh in at the Gear Shed by the 100m start, no later than **2 hours before** the event is scheduled.

SEATED THROWERS: **Throwing frames** need to go to the Implement Check in **2 hours prior** the start time.

REMINDER:

If you wish to use your own implement then it becomes **available** in the **competitor's pool**.

NO Warmup in the throws circle until directed by **Chief Judge**.

ALL warmup throws on the warmup area (Upper # 2 Field) must be individually supervised by a coach.

WALKS: "NO" Penalty box will be used for athletes by the judges for this event

TOILETS and CHANGING ROOMS:

TOILETS are available at

- ✓ Under the Grandstand alongside the First Aid Room for Men and the TIC for Women
- ✓ On the Grandstand mezzanine floor – entrance by the small access way near VIP area
- ✓ External to stadium at the back of the grandstand [Public side]

These rules are provided by Meet Director Tony Rogers of Acesports





- ✓ On the Top field (no.2) Changing rooms - inside the perimeter fence and outside [Public]

CHANGING ROOMS

Changing rooms and showers are available in the following locations.

- ✓ Under the Grandstand and they will be designated as Men's Change room, Women's Change room and Para Change rooms on
- ✓ The top field [No.2 ground] warm up area has change rooms and Toilets

ATHLETE SUPPORT:

Medical: A Physiotherapist [Tony Snell], and Registered Nurse [Tracey Baldwin] will be available at the Stadium.

There will be one of the above team always located at First Aid room area in Front of the Grandstand.

On Saturday before the meet the physio will be available at Brentwood Hotel – from 4.30pm

POST EVENT PROCEDURES

All Track and Field Athletes must leave the competition arena asap post event and should exit near the small gate situated diagonally beyond finish line area. Podium athletes should report to the Podium area

PROMOTIONAL

Athlete Availability for Media Interview and Sponsors

Where possible we would like to ask you to be available for Media and Sponsors if required.

News media and infield interviews are likely for winners of Elite events, and any record breakers. These will be undertaken in front of the grandstand.

AWARDS

Medals for the top three athletes will be awarded where possible for all Elite Events at the podium. There are medals for all division one of any graded events.

Once the World Athletics performance points rankings are established post meeting all athletes will be sent an email with an attached document for payment of Awards and any agreed Expenses

We will hope to present top 3 medals asap including for the **Athletics NZ M20 & W20 Mile Championships**

Medals for place getters in **not presented on the podium** can be picked up from the TIC .

DRUG TESTING:

Any Athletes requested by **DFSNZ** for testing are to remain at the stadium after their event if required.

ENTRY, START LISTS and LIVERESULTS

These will be published the via the Roster App

DIRECT LINK to START LIST and RESULTS

2026 TEAM LEDGER HARCOURTS CAPITAL CLASSIC

- <https://meets.rosterathletics.com/public/competitions/details/about?id=27741>

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