

3.00pm

Gates Open

## Track Events

## Field Events

<b>4.00pm</b>	100m	Under 16 Girls & Boys	Graded races				
<b>4.30pm</b>	1500m	Under 16 Girls & Boys	Graded races				
<b>5.00pm</b>	4 x 100m	Secondary Schools Girls		<b>5.00pm</b>	Hammer	Men & Women	Elite Permit Event
<b>5.05pm</b>	4 x 100m	Secondary Schools Boys		<b>5.00pm</b>	High	Men	Elite Permit Event
<b>5.10pm</b>	4 x 100m	Under 14 Mixed Relay		<b>5.00pm</b>	Pole	Women & Men	Elite Permit Event
<b>5.20pm</b>	3000m	Men and Women	Graded races	<b>5.15pm</b>	Long	Women	Elite Permit Event
<b>5.45pm</b>	100m	Women B & C	Open				
<b>5.55pm</b>	100m	Men B & C	Open				
<b>6.10pm</b>	100mH	Women	Elite Permit Event				
<b>6.20pm</b>	110m H	Men	Elite Permit Event	<b>6.30pm</b>	Discus	Men & Women	Elite Permit Event
<b>6.30pm</b>	400m	Men	Open	<b>6.30pm</b>	High	Women	Elite Permit Event
<b>6.35pm</b>	400m	Women	Elite Permit Event				
<b>6.40pm</b>	400m	Men	Elite Permit Event	<b>6.45pm</b>	Triple	Men	Elite Permit Event
<b>6.50pm</b>	800m	Women	Open				
<b>6.55pm</b>	800m	Men B & C	Open				
<b>7.10pm</b>	100m	Women	Elite Permit Event				
<b>7.15pm</b>	100m	Men	Elite Permit Event				
<b>7.20pm</b>	800m	Women	Elite Permit Event				
<b>7.25pm</b>	1500m	Men	Elite Permit Event				

Events marked 'Elite Permit Events' are World Athletics approved Oceania Area Permit Meet Events.  
These events have Olympic qualifying bonus points available.

In field events to adhere to Oceania Athletics recommendations to keep the main programme to 2.5 hours a maximum of eight athletes will be accepted based on rank.

The Long throws of Hammer and Discus and the Pole vault will run concurrently for Men and Women.

The Technical delegate will determine with the Meeting Director the number of athletes per gender to proceed after three rounds for throws.

