



### Important information for Competitors

## Meeting and Competition Rules

The Team Ledger Harcourts Capital Classic will be conducted under the rules of Athletics New Zealand and World Athletics Continental Tour Challenger Meet requirements.

All competitors must be registered with Athletics New Zealand and compete in their National, Club or an approved uniform. NZ 3000 metre Championship athletes will be expected to have their competition shoes approved in the call room prior to the Championship event to meet World Athletes requirements.

***For 2023 all athletes must follow the requirements of the Technical Delegate Meeting Director, and Meeting Officials. These directives are to ensure we all comply to the competition rules and for Health & Safety.***

#### **ATHLETE STADIUM ENTRY:**

Athletes must enter the track by the **Access Door** behind the grandstand near the finishing line end, which is 70 metres from the public entry main gate. This room is the **Technical Information Centre** and **Results Centre**.

Athlete Entry ONLY through this door will require you to check in to uplift your competition Bib #. Picking up your competition bib is confirmation of your intention to compete, confirm your event entries and notify asap any scratchings when you enter the stadium. All athletes are to check in to pick up competition bib # at least **90 minutes** before the scheduled start of their event.

#### **COMPETITION BIB NUMBERS:**

Your competition number becomes your event athlete event accreditation. Numbers are to be worn and must be displayed on the front and back of your competition vest during competition. High and Triple Jumpers may opt to wear only one BIB number. BIBs should be worn as given, no alteration will be allowed. **SCRATCHING:**

A competitor who wishes to scratch from an event must do so in person to the Technical Information Centre as soon as possible or email [tony@acesports.co.nz](mailto:tony@acesports.co.nz)

#### **DRAWS and REPORT TIMES:**

**Track:** Lane Draws will be published after all confirmed entries are received up to 60 minutes prior to event and posted to **Athletic Live results** and to the information board [window].

**Jumps and Throws:** The competing order will be as set out by the draw sheets published 60 minutes prior to the event. If required Men's and Women's events will be conducted concurrently.

#### **Reporting Call Times:**

Track Athletes must report to the start line 10 minutes prior to advertised start time and Field athletes to the field site position no later than **30 minutes** before **the scheduled start of the event**.

Field event athletes will be given an opportunity to do specified warmups at event site. Time permitting, they will be allowed 1 or 2 warmup throws.

For feature events we will attempt to introduce athletes to the stadium spectators before commencing

#### **CALL ROOM:**

A Call room **will only operate for the 3000 metres NZL Championship races. This call room will be at the Zoo End of the Function Lounge.**



### WARM UP

Warming up can be done on the top field (No. 2) arena or outside the stadium.

If you warm up on the top field or outside the stadium, take your Bib # accreditation with you to show to the gate security to re-gain entry. It is preferred to use inside the top field (No.2).

### HIGH JUMP

**Start Heights:** The start heights for the High Jump will be as follows.

Women : 1.57m, 1.62m, 1.67m, 1.72m, 1.76m, 1.80m, 1.84m, 1.87m, 1.90m, 1.92...

Men: 1.69m, 1.74m, 1.79m, 1.84m, 1.89m, 1.94m, 1.99m, 2.03m, 2.07m, 2.11m, 2.15m, 2.18m

*These are subject to changes agreed by Technical delegate.*

### THROWS

**Personal** Implements must be presented for checking and weigh in at the Gear Shed by the 100m start, no later than **2 hours before** the event is scheduled.

**Reminder** if you wish to use your own implement then it becomes **available** in the **competitor's pool**.

**NO Warmup** in the throws circle until directed by **Chief Judge**

### TOILETS and CHANGING ROOMS:

**We apologise in advance for any inconvenience caused by current construction and modifications to Change Rooms and Light Towers happening in the stadium which we will benefit from due to the FIFA Women's World Cup**

**TOILETS** are available at

- Under the Grandstand alongside the First Aid Room for Men and the TIC for Women
- On the Grandstand mezzanine
- At the back of the grandstand [Public side]
- On the Top field (no.2) Changing rooms - inside the perimeter fence and outside [Public]

### CHANGING ROOMS

These changing rooms and showers are available on the top field No.2 ground

### ATHLETE SUPPORT:

A Physiotherapist will be available at the Brentwood from 10.00 am until 2.00 pm on Friday then at the Stadium during the meeting in the First Aid room area

### POST EVENT PROCEDURES

Athletes must leave the competition arena asap post event and should exit near the gate beyond finish line .

#### Availability for Media Interview and Sponsors

Where possible we would like to ask you to be available for Media and Sponsors if required. News media and infield interviews are likely for winners, undertaken in front of the grandstand.

#### Medals and Awards.

Top three athletes will be awarded medal in the first division of events and where possible 2<sup>nd</sup> division races too. These medals may be collected by the athlete from the medal tent directly after your event near the finish line. We will hope to present top 3 medals asap including for the Athletics NZ Championships 3000 metres races.

Prize money /expenses will be distributed post meeting via your bank account once received to [tony@acesports.co.nz](mailto:tony@acesports.co.nz)

### DRUG TESTING:

**Any Athletes** requested by DFSNZ for testing are to remain at the stadium after their event if required.