

Event	Performance	WA Points	Athlete	Club	Year
OPEN MEN					
100m	10.36	1085	Joseph Millar	Tauranga	2016
200m	20.77	1101	Jeffery Thumath	Auckland CA	2008
400m	47.28	1026	Daniel Dyet	North Harbour Bays	2015
800m	1.48.42	1071	Alex Rowe	AUSTRALIA	2017
1500m	3.41.96	1080	Julian Oakley	Tauranga	2021
3000m	7.53.41	1095	Rory Hunter	AUSTRALIA	2019
5000m	14.13.44	955	Nick Willis	Valleys United	2006
110mH	14.34	1005	James Mortimer	North Harbour Bays	2006
400mH	50.43	1108	Christopher Douglas	AUSTRALIA	2020
4x100m	40.02	1073	NZL "A"	New Zealand	2006
3000m T W	11.15.20	1148	Quentin Rew	Wellington HAC	2015
5000m T W	20.34.17	1014	Craig Barrett	Hamilton Hawks	2003
High Jump	2.31m	1188	Hamish Kerr	Christchurch Old Boys	2021
Pole Vault	5.30m	1074	Nick Southgate	Bays Cougars	2015
Long Jump	7.52m	1033	Francois Coetzee	Auckland CA	2003
Triple Jump	14.87m [2.9]	939	Scott Clements	Wellington HAC	2005
Shot Put	19.85m	1112	Ryan Ballantyne	Christchurch	2020
Discus	65.47m	1161	Matthew Denny	AUSTRALIA	2020
Hammer	67.43m	1001	Philip Jensen	North Harbour Bays	2003
Javelin	79.49m	1094	Stuart Farquhar	Hamilton Hawks	2008
OPEN WOMEN					
100m	11.42	1109	Zoe Hobbs	North Harbour Bays	2019
200m	23.52	1082	Zoe Hobbs	North Harbour Bays	2019
400m	53.64	1063	Portia Bing	North Harbour Bays	2020
800m	2.02.63	1116	Katherine Camp	Canterbury University	2019
1500m	4.20.75	1044	Angie Petty	Uni. Canterbury	2018
3000m	9.07.85	1079	Rosa Flanagan	Uni. Canterbury	2015
100mH	13.41	1094	Rochelle Coster	Pakuranga AC	2015
400mH	56.55	1125	Portia Bing	North Harbour Bays	2020
3000m S/c	10.25.98	1033	Fiona Crombie	Canterbury University	2012
4 x 100m	45.04	1092	Somerfield, Sheat, Hobbs, Hulls	NZL Under 20	2016
3000m TW	13.41.52	969	Kate Newitt	Port Hills	2010
High Jump	1.99m	1209	Eleanor Patterson	AUSTRALIA	2020
Pole Vault	4.31m	1055	Olivia McTaggart	North Harbour Bays	2021
			Imogen Ayris	Takapuna	2021
Long Jump	6.29m	1061	Chantal Brunner	Counties Manukau	2006
Triple Jump	13.12m	1027	Nneka Okpala	Pakuranga AC	2015
Shot	15.26m	911	Maddison Wesche	Waitakere City	2017
Discus	63.30m	1132	Beatrice Faumuina	Waitakere City	2006
Hammer	71.66m	1120	Lauren Bruce	South Canterbury	2021
Javelin	57.38m	1029	Ashley Pryke	CANADA	2020

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